Covid-19 Protocol for Summit Mountain Guides updated October 2021

At Summit Mountain Guides we are dedicated to the health and safety of our staff, guests, and general public. Due to the ongoing world pandemic, we have implemented a Covid-19 protocol to uphold our existing high mountain safety standards. This Covid-19 protocol follows the Public Health Authorities guidelines from the respective Provinces and Territories we operate in throughout Canada. It also abides to the recommendations provided by the respective associations and organizations we are affiliated with including the Canadian Avalanche Association (CAA) and the Association of Canadian Mountain Guides (ACMG).

Below are a series of steps and procedures that we expect from our staff and guests during this pandemic. We have been able to run regular outdoor programs throughout the pandemic with modified policies and protocols to help manage COVID-19. As usual, our guests have reported great programs and learning while we all adapt to masks, physical distancing and the newly implemented policies and procedures. We will continue to update our policies as directed by Provincial and Federal Health Authorities.

Here are the steps that we are taking to help minimize the risk of COVID-19:

- All Guides will complete a daily Health/Fit for Work declaration at the start of each day.
- All guests are required to complete a Declaration of Health at the start of the program.
- For any subsequent program days, guests must verify that there have been no health changes.
- Guests are required to bring a mask and hand sanitizer to all programs.
- Protocols are in place for physically distancing (2m), and when that is not possible, masks and eye protection (sunglasses or goggles) must be worn.
- Everyone wears masks inside and, if in close proximity, outdoors as well.
- All international guests visiting Canada must be fully vaccinated.
- All guests, guides, and staff on domestic multi day lodge trips must be fully vaccinated.
- Transportation in separate vehicle when ever possible or with masks-on when not possible.
- First aid protocols have been updated and require additional PPE to help mitigate transmission.
- Overnight accommodation will be in separate tents unless the guests are in a family or bubble.
- For day trips, guests are responsible for carrying and preparing their own snacks and lunches.
- On overnight trips, guides or designated cook will handle food for breakfasts and dinners. Guides will prepare meals and serve guests. There will be no buffet-style meals.
- All rental equipment that SMG provide is being disinfected at our office before being issued.
- All rental equipment is being issued individually to guests and will be kept by each guest until the end of the program.
- New protocols are in place to manage gear handling and sanitizing common touchpoints.
- Additional office protocols and cleaning are in place.

We all know the benefits of outdoor activities on our mental and physical health. Taking the above precautions will allow us to continue enjoying the outdoors in a responsible way while reducing the spread of Covid-19. Let us know if you have any concerns, we look forward to enjoying the mountain with you.

Thank-you from the SMG team!