

KOOTENAY ROCKIES TOURING & EXPLORING GUIDE

SUPER,
NATURAL
BRITISH
COLUMBIA
CANADA

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KootenayRockies.com, PH 250-427-4838 OR
BROCHURE HOTLINE 1-800-661-6603

FOR ACCOMMODATIONS, RESERVATIONS AND TRAVEL IDEAS VISIT
HelloBC.com/kr

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GETTING HERE BY AIR

Major international gateway cities provide easy air access.

AIR CANADA

offers flights to/from Vancouver & Calgary to Cranbrook, Kelowna, Penticton and to/from Vancouver to Castlegar. 1-888-247-2262

PACIFIC COASTAL

offers scheduled flights to/from Vancouver into Cranbrook & Trail. To/from Victoria and Kelowna into Cranbrook. And between Kelowna and Trail. 1-800-663-2872

INTEGRA AIR

offers scheduled flights between Calgary and Cranbrook. 1-877-2137-8359

GETTING HERE BY ROAD

In the north, the TransCanada Hwy #1 follows the route of the Canadian Pacific Railway through four of Canada's National Parks, connecting Calgary with Vancouver and the coast.

A less travelled southern route, Hwy #3, serves travellers from southern Alberta, the southern Okanagan Valley and Vancouver. Ports of entry on the Canada/US border allow access from Spokane, Washington; Coeur d'Alene, Idaho; Kalispell, Montana & points south.

DRIVE TIMES

(drive times are approximate)

Rossland/Trail to Castlegar	30 min
Castlegar to Nelson	40 min
Nelson to Crawford Bay	30 min + ferry
Crawford Bay to Creston	1 hr + 15 min
Creston to Cranbrook	1 hr + 15 min
Cranbrook to Fernie	1 hr + 10 min
Cranbrook to Kimberley	20 min
Kimberley to Fairmont	1 hr + 10 min
Fairmont to Radium	30 min
Radium to Golden	1 hr + 10 min
Golden to Revelstoke	2 hrs
Revelstoke to Nakusp	1 hr + ferry
Nakusp to Castlegar	2 hrs
Castlegar to Golden	3 hrs
Calgary to Fernie	3 hr + 30 min
Lethbridge to Fernie	2 hr + 30 min
Kamloops to Revelstoke	2 hr + 40 min
Kelowna to Revelstoke	2 hr + 50 min
Kelowna to Rossland	4 hrs
Spokane to Nelson	4 hrs
Spokane to Rossland	3 hrs
Spokane to Cranbrook	4 hrs

ROAD CONDITIONS

1-800-550-4997

Visit DriveBC.ca for real time info.

BORDER CROSSINGS

At the Canadian/US border, be sure to carry your passport or equivalent. For information & updates, visit: Travel.state.gov, Cbsa.gc.ca or call: 1-800-461-9999.

ROOSVILLE & KINGSGATE

(Cranbrook) - open 24 hrs

RYKERTS (CRESTON) - 7am - 11pm

NELWAY (NELSON) - 8am to midnight

WANETA (TRAIL) - 9am - 5pm

PATERSON (ROSSLAND) - open 24 hrs

CASCADE (CHRISTINA LAKE)

8am - midnight

FERRY CROSSINGS

Year-round & a free service.

DriveBC.ca

KOOTENAY LAKE: HIGHWAY 3A

From Balfour, 6:30am to 9:40pm

From Kootenay Bay, 7:10am to 10:20pm

Crossing time: 35 minutes

Ph: 250-229-4215

HARROP: HIGHWAY 3A

Across Kootenay River to communities of Harrop & Procter

Crossing time: 5 minutes

On demand 24 hours

Ph: 250-229-5650

UPPER ARROW LAKE: HIGHWAY 23

From Shelter Bay, 5am to midnight

From Galena Bay, 5:30am to 12:30am

Crossing time: 20 minutes

Ph: 250-265-2105

ARROW PARK: HIGHWAY 6

Junction of Upper & Lower Arrow Lakes

From west side,

5:10am to 12:05pm; 2:30pm to 9:20pm

From east side,

5am to noon; 2:15pm to 9:10pm

Crossing time: 5 minutes

Ph: 250-265-2105

LOWER ARROW LAKE: HIGHWAY 6

From Fauquier: 5am to 10pm

From Needles: 5:15am to 9:45pm

Crossing time: 5 minutes

Shuttle Service: 10pm - 5am

Ph: 250-265-2105

STAY CONNECTED

Social, App or web - the choice is yours

KOOTENAYROCKIES.COM





BRITISH COLUMBIA'S MOUNTAIN PLAYGROUND

In the southeastern corner of British Columbia, the jagged peaks of the Rockies rise in parallel with those of the Purcell, Selkirk and Monashee ranges. In between are valleys, rivers and lakes that have enabled human existence for thousands of years. Incomparable scenic beauty is around every turn.

In the midst of this monumental landscape, geography, geology and history have conspired to create charming Victorian small towns.

This is the birthplace of adventure tourism. Picture Victorian men and women, devoid of high-tech clothing, roped to Swiss mountain guides as they traverse the icefields of Glacier National Park. Today, visitors come to the Kootenay Rockies for a rich palette of recreational activities that includes world-class hiking, biking, climbing, river rafting, paragliding, canoeing, golfing and wildlife viewing.

PARKS

4 NATIONAL PARKS OVER 75 PROVINCIAL PARKS

Canada's natural treasures are protected forever in provincial and national parks. From a pristine freshwater environment on Kootenay Lake to the highest peaks of the Kootenay Rockies. Parks are distributed throughout the region. You'll find roadside picnic spots, vast areas of unspoiled wilderness and everything in between. Experience family-friendly camping, childrens playgrounds, beaches, hiking trails, rock climbing, boating, fishing and so much more.

YOHO AND KOOTENAY NATIONAL PARKS, AND MT. ASSINIBOINE PROVINCIAL PARK ARE INCLUDED IN THE CANADIAN ROCKY MOUNTAIN PARKS UNESCO WORLD HERITAGE SITE.

GLACIER NATIONAL PARK

Set in the Columbia Mountains
1,349 sq km (521 sq mi) of land.

PARK ATTRACTIONS:

Rogers Pass Discovery Centre - a National Historic site. Hike the many trails and experience alpine tundra and wildflower meadows.

KOOTENAY NATIONAL PARK

Set in the Rocky Mountains
1,406 sq km (543 sq mi) of land.

STANLEY GLACIER HIKE

Three weekly guided hikes, by Parks Canada Interpreters, to this recently discovered fossil site.
1-877-877-3783
PC.gc.ca/Kootenay
Reservations.ParksCanada.gc.ca

MORE PARK ATTRACTIONS:

Radium Hot Springs, Marble Canyon
- a lovely nature trail that crosses Tokumm Creek and the Paint Pots - cold mineral spring; learn the history.

MOUNT REVELSTOKE NATIONAL PARK

Set in the Columbia Mountains
260 sq km (100 sq mi) of land.

PARK ATTRACTIONS:

Travel the Meadows in the Sky Parkway to the peak of Mount Revelstoke. The Giant Cedars & Skunk Cabbage Trails offer lush rainforests and beautiful wetlands.

YOHO NATIONAL PARK

Set in the Rocky Mountains
1,313 sq km (507 sq mi) of land.

WALCOTT QUARRY & STEPHEN FOSSIL BEDS HIKE

Seven weekly guided hikes, by Parks Canada Interpreter; challenging and educational.
1-877-877-3783
PC.gc.ca/Yoho
Reservations.ParksCanada.gc.ca

MORE PARK ATTRACTIONS:

Spiral Tunnels carved through solid rock, Takakkaw Falls, Natural Bridge and Emerald Lake - famed for its jade-coloured water.



FIND DIVINE SECLUSION
AND BLESSED LUXURY IN
OUR ROCKY MOUNTAIN
HIDE-AWAY.

CATHEDRAL
MOUNTAIN LODGE

PRIVATE CABINS AND
INSPIRED DINING.
1.866.619.6442
CATHEDRALMOUNTAIN.COM.

BC PARKS

British Columbia has an impressive inventory of provincial parks – everything from family oriented campgrounds to large tracts of remote wilderness.

BUGABOO PARK

Between Golden & Radium

This park contains the largest icefields of the ancient Purcell Mountains, towering granite summits and attracts climbers from all over the world.

CHAMPION LAKES PARK

Near Fruitvale (Trail)

An ideal destination for outdoor enthusiasts with its chain of small lakes and mature forest. Camping, fishing, trails. KootenaySWParks.com

ELK LAKES PARK

North of Elkford

A subalpine area of landscapes, natural lakes and remnant glaciers. This park offers hiking trails, wildlife viewing & backcountry camping.

MCDONALD CREEK PARK

Near Nakusp

On the eastern shoreline of Arrow Lake offering swimming, boating and fishing opportunities.

More Parks on KootenayRockies.com



Kootenay SW Parks



CHAMPION LAKES – FRUITVALE
KOKAMEE CREEK – NELSON
SYRINGA CREEK – CASTLEGAR
KOOTENAY LAKE – DAVIS CREEK / LOST LEDGE – KASLO

1.250.825.4212
kootenayswparks.com

Proudly Operating
BRITISH COLUMBIA
BC PARKS

HOT SPRINGS




Ainsworth
HOT SPRINGS RESORT

Turn up the Heat!



- Hot Springs pool and caves
- Restaurant and Lounge
- Shop our Retail/Gift Store
- 41 Guest rooms

1-800-668-1171



YAQAN NUKIY
LOWER KOOTENAY VALLEY
Spirit Waters

Most hot springs in Canada occur in British Columbia. And, the Kootenay Rockies is blessed with numerous hot springs ranging from wonderful resorts to wilderness backcountry pools. Soothe your spirit in the legendary natural mineral pools – take the family, take a friend or simply take care of yourself. For additional pampering and therapeutic experience, visit a day spa or wellness retreat.



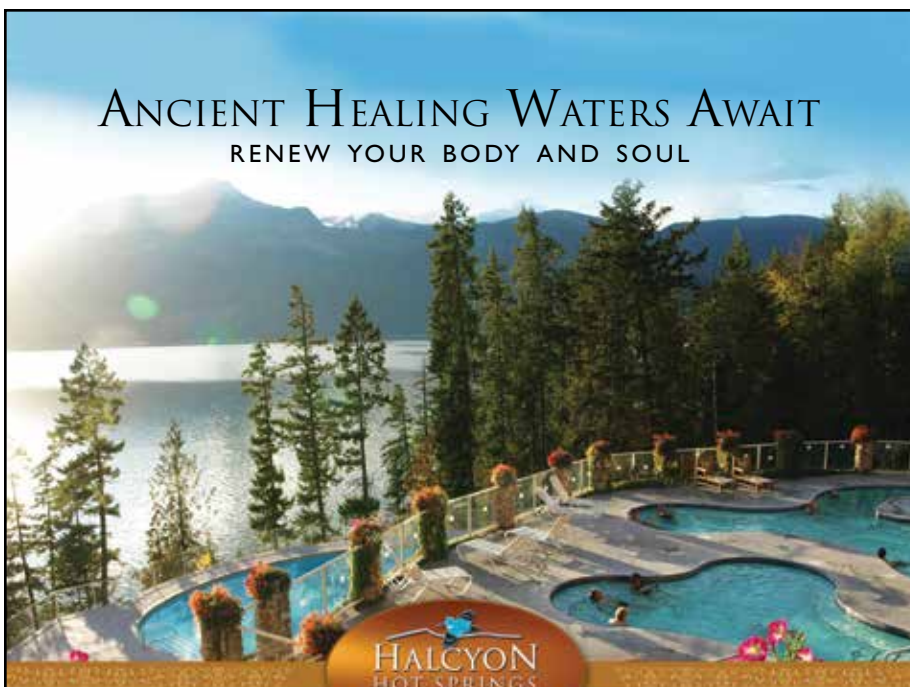
IMMERSE YOURSELF
at Fairmont Hot Springs Resort

Soak in our legendary mineral hot springs ■ Explore with BC Rockies Adventures ■ Relax at our Natural Springs Spa ■ Golf at our 3 amazing courses ■ Enjoy our family-friendly ski area
Experience everything we have to offer

FAIRMONT HOT SPRINGS RESORT

Canada's favourite family resort
FairmontHotSprings.com
Call 1.800.663.4979

ANCIENT HEALING WATERS AWAIT
RENEW YOUR BODY AND SOUL



HALCYON HOT SPRINGS
VILLAGE & SPA

Relax and enjoy our world renowned mineral pools, day lodge, accommodations and full service spa. Experience gourmet food and spectacular views in the Kingfisher Restaurant and Lounge. Open year-round.

68KM SOUTH OF REVELSTOKE ON ARROW LAKE
1.888.689.4699 ~ HALCYON-HOTSPRINGS.COM



HOT SPRINGS BY MAJOR ROADS

AINSWORTH HOT SPRINGS

A full-service resort and 4-season escape set alongside Kootenay Lake.
HotNaturally.com
See ad pg 6

CANYON HOT SPRINGS

Open during the summer until late-Sept.
Located off Hwy #1, between Glacier & Mt Revelstoke National Parks.

FAIRMONT HOT SPRINGS

A full-service resort offering lodge and RV park, day spa & adventure centre.
FairmontHotSprings.com
See ad pg 8

HALCYON HOT SPRINGS

Set alongside the Arrow Lakes, the resort offers accommodation, numerous pools, restaurant, spa and lounge.
Halcyon-HotSprings.com
See ad pg 8

NAKUSP HOT SPRINGS

A short drive from downtown, in a beautiful mountain setting offering campground and chalet lodging.
NakuspHotSprings.com
See ad pg 35

RADIUM HOT SPRINGS

Set amidst the spectacular rock walls of Sinclair Canyon, the property also offers a spa, shop and restaurant.
ParksCanada.gc.ca/hotsprings
See ad back cover.



BACKCOUNTRY HOT SPRINGS

BUHL CREEK HOT SPRINGS

Near Canal Flats, these small creekside hot springs are found off Skookumchuck Forest Service Rd.
Best to visit in the summer.

FORDING RIVER HOT SPRINGS

Elkford. A naturally warm spring hidden in the forest – tricky to find – Check with the Elkford Visitor Centre for directions – page 23.

HALFWAY RIVER HOT SPRINGS

Nakusp. The main pool is a wooden structure about 2 m (6 ft) wide and 1 m deep.
Located off the Halfway River Road.

LUSSIER HOT SPRINGS

Whiteswan Lake Provincial Park. These popular wilderness hot springs are easily accessed down a wooden stairway. There are several pools among boulders next to the Lussier River.



DOWNLOAD THE FREE KOOTENAY TRAVEL APP

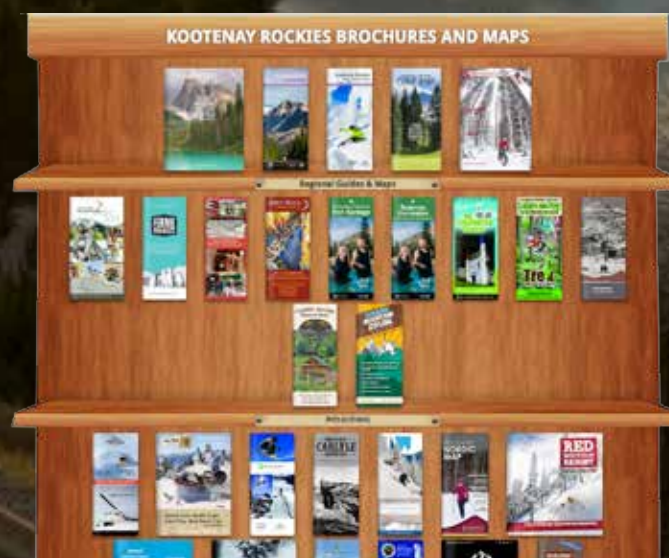
Travel suggested Circle Routes and Stay Connected throughout BC's Mountain Playground with Near Me function, maps and road info, and details on dining, where to stay and what to do.

COMMUNITIES

Every town and city in the Kootenay Rockies has a fascinating story to tell. Along your travels, discover the rare scenic beauty and warm, friendly people. Hike the trails of mountain parks or wander the streets of quaint downtowns. Follow a suggested Driving Route – see page 41 for map-brochures or stay an extra day to discover all the wonderful attractions and adventure.

KOOTENAYBROCHURES.CA

Everything you'll want to know before you arrive. Explore the shelves of our virtual brochure rack for Attractions, Community Guides, Adventure Maps, National Park and Accommodation publications, and more. View online, share and order ... It's all Free.



The brochure rack goes on and on, we couldn't possibly show everything here. Visit the site and see our vast array of brochures and information.

KEEP LOOKING!



CASTLEGAR

DID YOU KNOW?

POPULATION: 7,816
ELEVATION: 433 m (1,421 ft)
AWARDED THIS TRADEMARK IN 2014:
 Sculpture Capital of Canada

CONFLUENCE OF RIVERS AND CULTURES

Situated at the confluence of the Kootenay and Columbia rivers. Although primarily an industrial town, Castlegar has a strong historical connection to the Doukhobors, a pacifist religious sect that fled Russia in the early 20th century. Learn more about their culture at the Doukhobor Discovery Centre, Zuckerberg Island Heritage Park and Station Museum.

TEE TIMES & RV GOLF PACKAGES
1-800-666-0324 GolfCastlegar.com

*One of the best courses in Western Canada
 Beautiful RV Park in a Natural Setting*


CASTLEGAR
 GOLF CLUB & RV PARK

ARTS, CULTURE, HERITAGE

BRILLIANT SUSPENSION BRIDGE
 A National Historic Site. Explore the trails that link the restored bridge with nature reserves.

DOUKHOBOR DISCOVERY CENTRE
 112 Heritage Way
 A reconstructed communal village and a Audio Visual Gallery featuring exhibits.

KOOTENAY GALLERY OF ART & HISTORY
 120 Heritage Way
 A public art gallery featuring established artists and gift shop displaying local artisans' work.

STATION MUSEUM
 400 - 13 Ave This museum occupies a preserved 100 year old Canadian Pacific Railway Station.

ZUCKERBERG ISLAND HERITAGE PARK
 9th St & 7th Ave The park will take you back to when the Lakes Salish people first fished and built their winter pit-houses thousands of years ago.

ATTRACTIONS

NATURAL SWIMMING PONDS
 Millennium Park An amazing outdoor attraction - 3 pools at different elevations - fun for all ages.

SCULPTURE WALK
 Thirty incredible sculptures from artists across North America are installed and displayed throughout downtown.

FESTIVALS

CONCERTS IN THE PARK
 Wednesday evenings. Bring your lawn chair to Kinnaird Park for some great musical entertainment.

FARMERS MARKET
 At the Station Museum Saturday mornings. A dynamic blend of vendors offering produce, arts & crafts and entertainment.

SUNFEST
 First weekend in June. A variety of community events and entertainment for the whole family.
More Events on KootenayRockies.com

RECREATION

COLUMBIA & WESTERN RAIL TRAIL
 The former railway from Castlegar to Midway has been converted into a popular hiking & biking trail.

FISHING
 The mighty Columbia River produces world-class Rainbow Trout and Walleye during peak season.

GOLF
 Castlegar Golf Club offers 18-holes, licensed clubhouse & 20 site RV park. Little Bear Golf Course offers 9-holes.

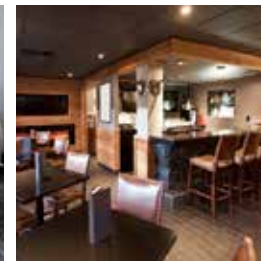
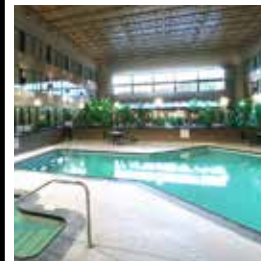
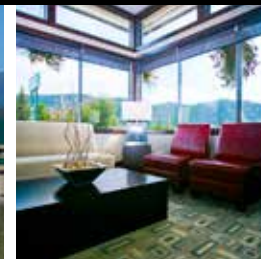
CASTLEGAR VISITOR CENTRE

1995 6th Avenue 1-888-365-6313
 Tourism@Castlegar.com Castlegar.com

ALWAYS THE SMART CHOICE

 **Sandman**
 HOTELS | INNS | SUITES

Castlegar | Cranbrook | Revelstoke



ASK FOR THE 'KOOTENAY ROCKIES' RATE

So Many Reasons to Stay: Centrally located | Suites & kitchen units available | Complimentary high speed Internet | On-site dining with room service | Indoor pool & whirlpool | Fitness facilities | Complimentary parking

*Offer valid until December 31, 2016. Amenities vary by location.

Book online using promo code 'KOOTENAY' or call and quote 'KOOTENAY'.

sandmanhotels.ca | 1 800 SANDMAN (726 3626)



TRAINS TRAINS TRAINS

The history of Western Canada is forever tied to the railway and the East Kootenay's are proud to have 3 heritage locations helping to preserve that history – all within a one-hour drive.

The city of Kimberley is home of the historic Sullivan Mine and the Kimberley Underground Mining Railway. Join the Mining Tour and ride the rails through the beautiful Mark Creek valley as you listen to the history of Kimberley and the Sullivan Mine. Learn about life as a miner at the Underground Interpretive Centre as our miner guide describes hard rock mining and demonstrates some of the equipment used in the Sullivan Mine. Take short walk to the Sullivan Mine Powerhouse for a guided tour featuring the huge compressors and generators that powered the mine before boarding the train again to learn more about Kimberley and enjoy spectacular scenery and glimpses of the occasional wild life as you travel back to the station. Explore the Orpheum Theatre, the North Star Schoolhouse, the Miner's Cabin and the Caboose as part of your adventure into history.

The Cranbrook History Centre, located right in the heart of Cranbrook, houses the Canadian Museum of Rail Travel, a collection of 28 railway cars of which 17 are currently available for tours to the public. Highlights of the collection include the 7 cars of the 1929 "Trans-Canada Limited" (a classic "Jazz Era Art Deco" design), 2 cars of the 1907 "Soo-Spokane Train" (a deluxe example of "Edwardian Art Nouveau Elegance"), and the 1887 "Pacific Express," a Victorian-era train representing the first transcontinental service in Canada. Also featured at the Cranbrook History Centre are the Cranbrook Museum, the Royal Alexander Hall, the Cranbrook Archives and a Model Railway exhibit.

Fort Steele Heritage Town's steam train ride is an astonishing experience, putting you in the seats of earlier adventurers who saw this spectacular countryside for the first time more than 100 years ago. The train runs through the summer season. It leaves Fort Steele Station for a 20-minute circuit through breathtaking scenery, stopping halfway at a viewing platform that offers a unique perspective of the town site of Fort Steele and the Kootenay & St Mary Rivers below. The Fort Steele Steam Railway is an operating museum, which interprets the experience of branch-line rail travel to the logging, mining and ranching communities of the East Kootenay. In addition to riding on the steam train, visitors are invited to look at the historic railway equipment and stationary steam engines displayed outside the engine house. Our vintage locomotive "1077" is a source of fascination for our visitors and for Hollywood: it has been used in several movies shot north of the border.

Enjoy three different heritage trains in one trip

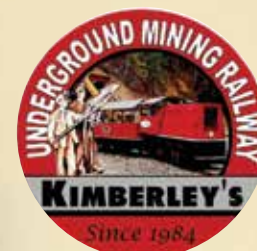
TRAINS... TRAINS... TRAINS

Join our mining tour

Learn about life as a miner at the Underground Interpretive Centre as our guide describes hardrock mining and demonstrates some of the equipment used in the Sullivan Mine.



- Mining Tours: 11:00 am, 1:00 pm and 3:00 pm
- Open Weekends starting May 16
- Open Daily June 27 to September 7



250-427-0022
www.kumr.ca

Beautiful original and restored railcars

A visit to Cranbrook starts with a journey back in time. Climb aboard the vintage railcars of the Trans-Canada Limited. Railway heritage at its finest!



CRANBROOK
HISTORY CENTRE

250-489-3918 • www.cranbrookhistorycentre.com

Explore yesterday today

Fort Steele's steam train ride is an astonishing experience, putting you in the seats of earlier adventurers who saw this spectacular countryside for the first time more than 100 years ago.



250-417-6000 www.fortsteele.ca



The Heritage Tourism Marketing group gratefully acknowledges the financial support of the Regional District of East Kootenay and Columbia Basin Trust which supports efforts to deliver social, economic and environmental benefits to the residents of the Columbia Basin.



CRANBROOK

DID YOU KNOW?

POPULATION: 19,319

ELEVATION: 921 M (3,022 ft)

A FACT:

Cranbrook receives more sunshine than anywhere else in British Columbia.

ARTS, CULTURE, HERITAGE

CITY HERITAGE TOUR

See historic residences in the Baker Hill area dating from 1888. Map available at Visitor Centre.

CRANBROOK HISTORY CENTRE

57 Van Horne St S,
250-489-3918

The History Centre houses the Canadian Museum of Rail Travel – Trains Deluxe, Cranbrook Archives, Royal Alexandra Hall and the Cranbrook Museum.

See ad pg 14
Trainsdeluxe.ca

FORT STEELE HERITAGE TOWN

Hwy 93/95, 15 km NE of Cranbrook
250-417-6000

Take a leap back to the 1890s and experience the restored pioneer boomtown. A family favourite for decades. FortSteele.ca Ad pg 15

KEY CITY THEATRE

20 14th Avenue N
Art Gallery and performing arts venue.

KTUNAXA INTERPRETIVE CENTRE

7777 Mission Road, St. Eugene Resort
Have a firsthand look in the life of the Ktunaxa people.

STUDIO STAGE DOOR

11 11th Avenue S
Home of the Community Theatre and part of the Heritage Tour.

ATTRACTIONS

CASINO OF THE ROCKIES

Games and events at the St. Eugene Resort.

KOOTENAY TROUT HATCHERY

4522 Fenwick Rd, 32 km SE of Cranbrook
250-429-3214

An extensive interpretive area with aquaria, educational models and displays is open every day for self-guided tours.
GoFishBC.com

BISTROS

BAKER STREET CAFÉ

1115 Baker Street 1-778-517-5565
Quaint downtown café serving breakfast and lunch from scratch cooking & natural ingredients.
See ad below.

FESTIVALS

BIKING EVENTS

Six in the Sticks, Sept 17-18 – Mountain biking event in the Community Forest. Gran Fondo – a huge cycling event every September.

FARMERS MARKET

Every Saturday July to early-Oct downtown during the summer. Every 2nd Sat in the spring.

SAM STEELE DAYS

Third weekend in June.
Superintendent Sam Steele was a legendary figure in the history of the Canadian West. A family event at various locations.

More Events on KootenayRockies.com

RECREATION

COMMUNITY FOREST

Two thousand hectares of crown forest on the east and north boundary of the city offers interpretive nature trails and biking opportunities.

ELIZABETH LAKE WILDLIFE SANCTUARY

Highway 93
A 6 acre wetland, home to different animal species. Walking trails, viewpoints, picnic tables, benches.

GOLF

Many to pick from: Wildstone, Shadow Mountain, Cranbrook, St Eugene and the executive Mission Hills Course.

TRANSCANADA TRAIL

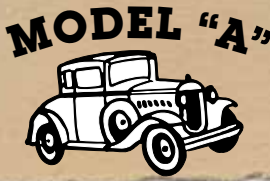
Isadore Canyon, Rotary Way and the Northstar Rails to Trails – the former railway between Cranbrook & Kimberley all offer biking and walking opportunities.

WESTERN FINANCIAL PLACE

1777 2nd Street N
Recreational complex, aquatic and fitness centre; next to Skate Park.

CRANBROOK VISITOR CENTRE

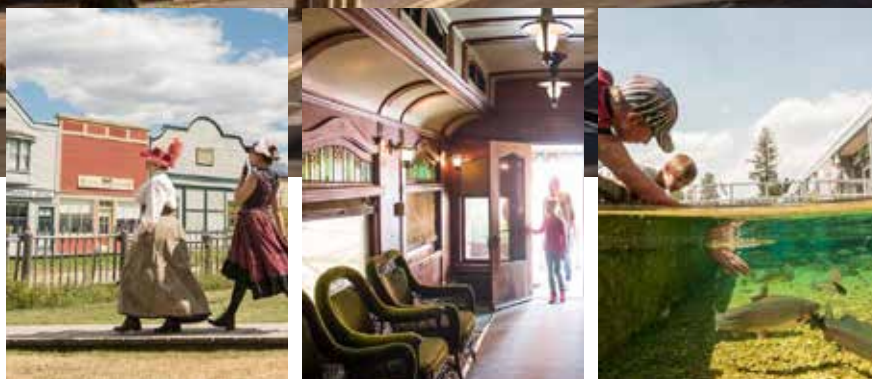
2279 Cranbrook St N, Hwy 3/95
1-800-222-6174
Info@CranbrookChamber.com
CranbrookTourism.ca



MODEL "A"
INN
CRANBROOK, B.C.
Spacious rooms & suites;
1908 Cranbrook Street N (Hwy 3/95)
1-888-489-4600



The Baker Street Café
1115 Baker St. Cranbrook, BC
778-517-5565
thebakerstreetcafe@outlook.com
Breakfast & Lunch
Fresh | Homemade | Local



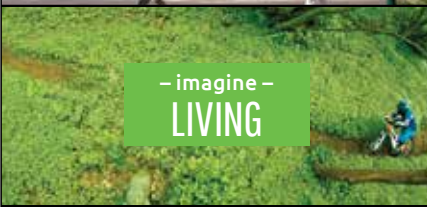
MOUNTAINS OF OPPORTUNITY

Cranbrook is the largest community in the region, the commercial centre for the valley and has one of the sunniest climates in Canada. The coming of the railway put Cranbrook on the map, generated wealth that built the elegant homes of the Baker Hill district and created the context for a superb museum – Trains Deluxe, that celebrates the glory days of passenger travel.

 **imaginekootenay**
Your better life

 - imagine -
WORKING

 - imagine -
INVESTING

 - imagine -
LIVING

Learn more at imaginekootenay.com

 **WILDLIFE CENTRE**
11 km west of Creston off Hwy 3

Centre Open May - October
Programs & Tours May - August

- Guided Canoe & Walking Tours
- Hiking & Biking Trails
- Wildlife Viewing
- Educational Displays
- Science Lab • Gift Shop

Contact us @ 250.402.6908
askus@crestonwildlife.ca
WWW.CRESTONWILDLIFE.CA

**YOU SAY
"INCREDIBLE"**

We say "It's just our backyard."

www.CrestonValleyBC.com | 1.866.528.4342

CRESTON VALLEY
Growing Together



TAKE YOUR
Getaway
TO NEW HEIGHTS!
*Come for the world-class golf
Stay for the world-class amenities*

 **ST EUGENE**
GOLF • RESORT • CASINO

Designed by acclaimed architect Les Furber, St. Eugene features striking views of the St. Mary River, Fisher Peak & the Rocky Mountains. Located between Cranbrook & Kimberley, BC. Spectacular golf, four dining options and casino nightlife, all in one breathtaking location. Photo/hux.net

CONTACT 1-866-292-2020 OR RESERVATIONS@STEUGENE.CA

7777 MISSION ROAD, CRANBROOK, BC V1C 7E5   **WWW.STEUGENE.CA**

CRESTON VALLEY

DID YOU KNOW?

POPULATION: 13,000

ELEVATION: 611 m (2,005 ft)

AN INTERESTING FACT:

The town of Creston is always on Mountain Standard Time – they do not observe Daylight Saving Time.



GROWING TOGETHER

The beautiful Creston Valley stretches from the town of Creston, north along the Kootenay Lake East Shore to the village of Crawford Bay. Tucked into the sunny bench between the Purcell and Selkirk mountain ranges, the Creston Valley is a retreat for outdoor adventurers, foodies, creative souls, lovers of the land and anyone in need of a wholesome home-away-from-home experience. Highway 3A is a popular touring route alongside Kootenay Lake and includes a number of quaint communities: Wynndel, Sanca, Boswell, Gray Creek, Riondel and Kootenay Bay Ferry Landing.

ARTS, CULTURE, HERITAGE

ARTISANS OF CRAWFORD BAY

Home to a diverse group of craftspeople, most of which are a few minutes walk of each other.

CRESTON MUSEUM

219 Devon Street

Explore local history through exhibits, events and guided tours.

RIONDEL MUSEUM

Photos and mining displays; historic walkway through the mine site.

YAQAN NUKIY HERITAGE CENTRE

3560 Highway 21, Creston

Developed by the local First Nations to showcase their unique culture and traditions.

ATTRACTIONS

CRESTON WILDLIFE CENTRE

Highway 3 250-402-6908

Guided tours, wildlife viewing, boardwalk, hiking and biking trails, Interpretive Centre. CrestonWildlife.ca See ad pg 19

GLASS HOUSE

40 km S of Crawford Bay (Sanca)

Constructed in 1952 of over 500,000 square embalming fluid bottles.

TOURS: FARM, WINERY, ARTISAN, BREWERY

Enjoy a tour, pick your own fruit, taste cheese & meet the cows, browse the art studios, view the murals, sample at the wineries (3) and brewery.

FESTIVALS

CRESTON BIRD FEST

May 13-16 A celebration of the art, agriculture and the birds of the Creston Valley.

CRESTON FARMERS MARKET

Saturdays, May to December

A dynamic blend of vendors offering produce, arts & crafts and entertainment.

STARBELLY JAM

3rd weekend in July, Crawford Bay.

An outdoor music festival.

More Events on KootenayRockies.com

RECREATION

GOLF

Kokanee Springs Golf Resort, Crawford Bay

Legendary golf, adventure & accommodation. See ad below. More golf in Creston & Riondel.

HIKING & BIKING

The area offers a variety of trails and backcountry roads. Balancing Rock Trail is a favourite hiking route which leads to valley views.

WATERSPORTS

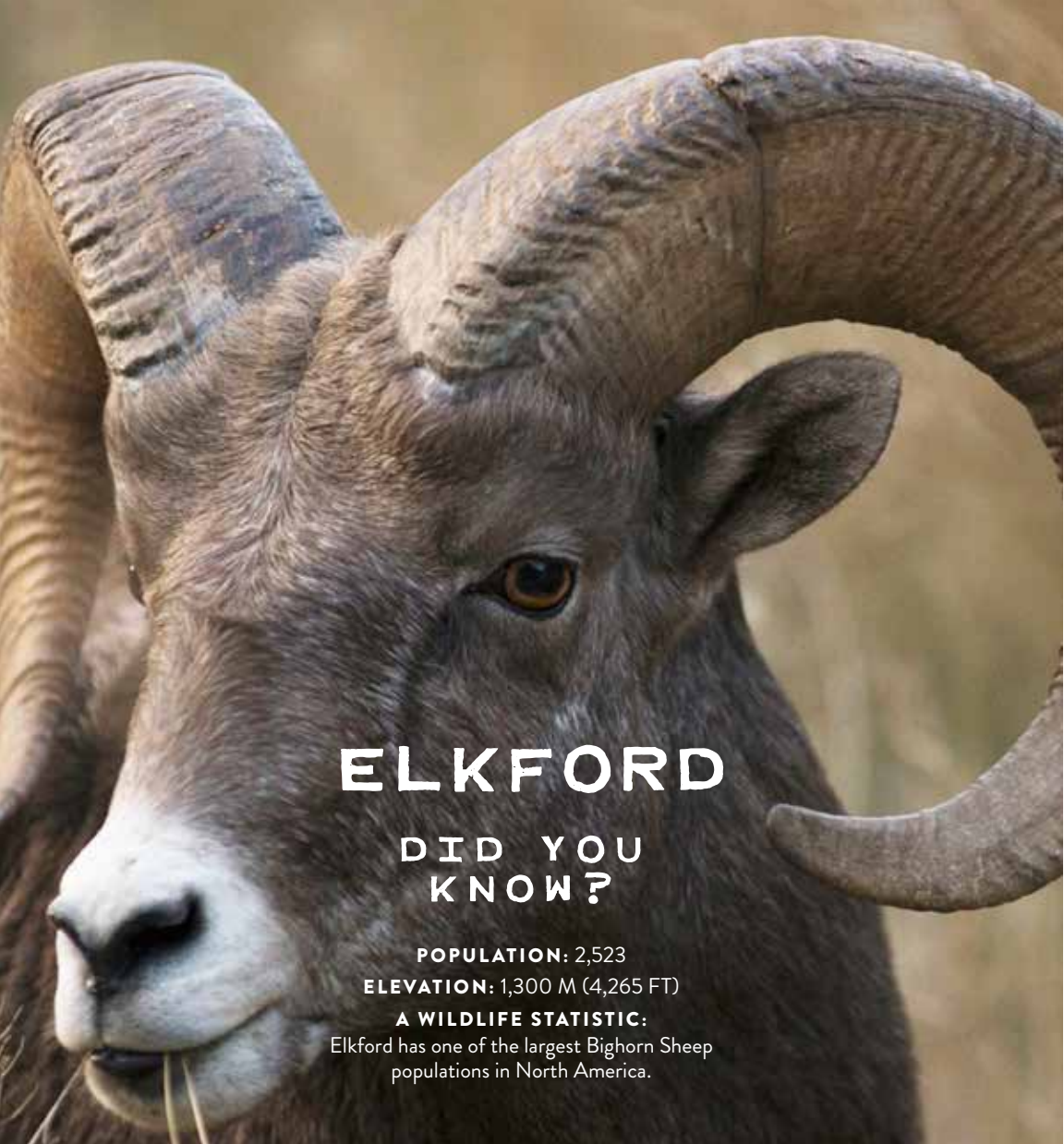
Duck Lake is famous for bass fishing; Kootenay Lake for Rainbow Trout & Kokanee. Guided kayaking trips are offered on the Kootenay River.

CRESTON VISITOR CENTRE

121 Northwest Blvd, Hwy 3

1-866-528-4342 CrestonValleyBC.com

Info@CrestonValleyChamber.com



ELKFORD

DID YOU KNOW?

POPULATION: 2,523

ELEVATION: 1,300 M (4,265 FT)

A WILDLIFE STATISTIC:

Elkford has one of the largest Bighorn Sheep populations in North America.



WILD AT HEART

The most remote town in the region, Elkford is a scenic 30 minute drive north of Sparwood and the gateway to two majestic wilderness parks: Elk Lakes and Height of the Rockies. This area is a popular destination for a range of outdoor recreational activities, including ATV touring, hiking and mountain biking. On Saturdays, throughout the summer, free guided tours are offered of the open pit coal mining operations.

ATTRACTIONS

ELK LAKES PROVINCIAL PARK

A true wilderness area offering hiking and fishing opportunities. Involves travel on a gravel road north from Elkford.

FORDING MOUNTAIN SULPHUR WARM SPRINGS

A naturally warm spring hidden in the forest and known for its sulphur smell as much as the healing properties.

JOSEPHINE FALLS

A 2 km hike from the trail head parking area on Highway 43. See the Fording River cascading 25 m / 82 ft into a canyon.

OPEN PIT MINE TOURS

1-855-877-9453 – Board the bus at the Visitor Centre and be transported into one of Canada's most productive steelmaking coal operations. Tours are free; book at Visitor Centre.

RECREATION FACILITIES

Elkford offers an Ice Arena and Curling Rink, a four-lane swimming pool with hot tub and sauna, and various multi-purpose use areas.

FESTIVALS

WILDCAT DAYS

July 1 & 2 – A family festival of games and activities that celebrates one of the first pioneers in the area: Wildcat Charlie Weigert.

FESTIVALS Continued

WINTER IN THE WILD

Mid-February – Celebrate winter and the Wapiti Ski Hill, with sports tournaments, torch light parade, fireworks, snowball dance, and more. [More Events on KootenayRockies.com](http://MoreEventsonKootenayRockies.com)

RECREATION

MOUNTAIN MEADOWS GOLF COURSE

A 9-hole layout which is challenging and fun. Clubhouse Lounge, restaurant and deck.

TRAILS – HIKING / BIKING

Pick up a Trail Map at the Visitor Centre. Mountain Walk Trail – an 8 km (2 hr) one-way moderate hike from the Ski Hill through sub-alpine forest; mountain biking is a popular alternative. River Walk – An easy 4 km trail allows hikers to walk along the edge of the Elk River. The trail is relatively flat and cuts through forests & meadows.

WAPITI SKI HILL

A great family ski resort offering 14 runs, 1,000 ft vertical drop with beginner & expert runs and night skiing.

WINTER RECREATION

Elkford offers a multitude of winter activities: snowshoeing, cross-country skiing, snowmobiling and the Wapiti Ski Hill is located right in town.

ELKFORD VISITOR CENTRE

750 Fording Drive 1-855-877-9453
VisitorCentre@Elkford.ca Elkford.ca

Get intimate with nature.

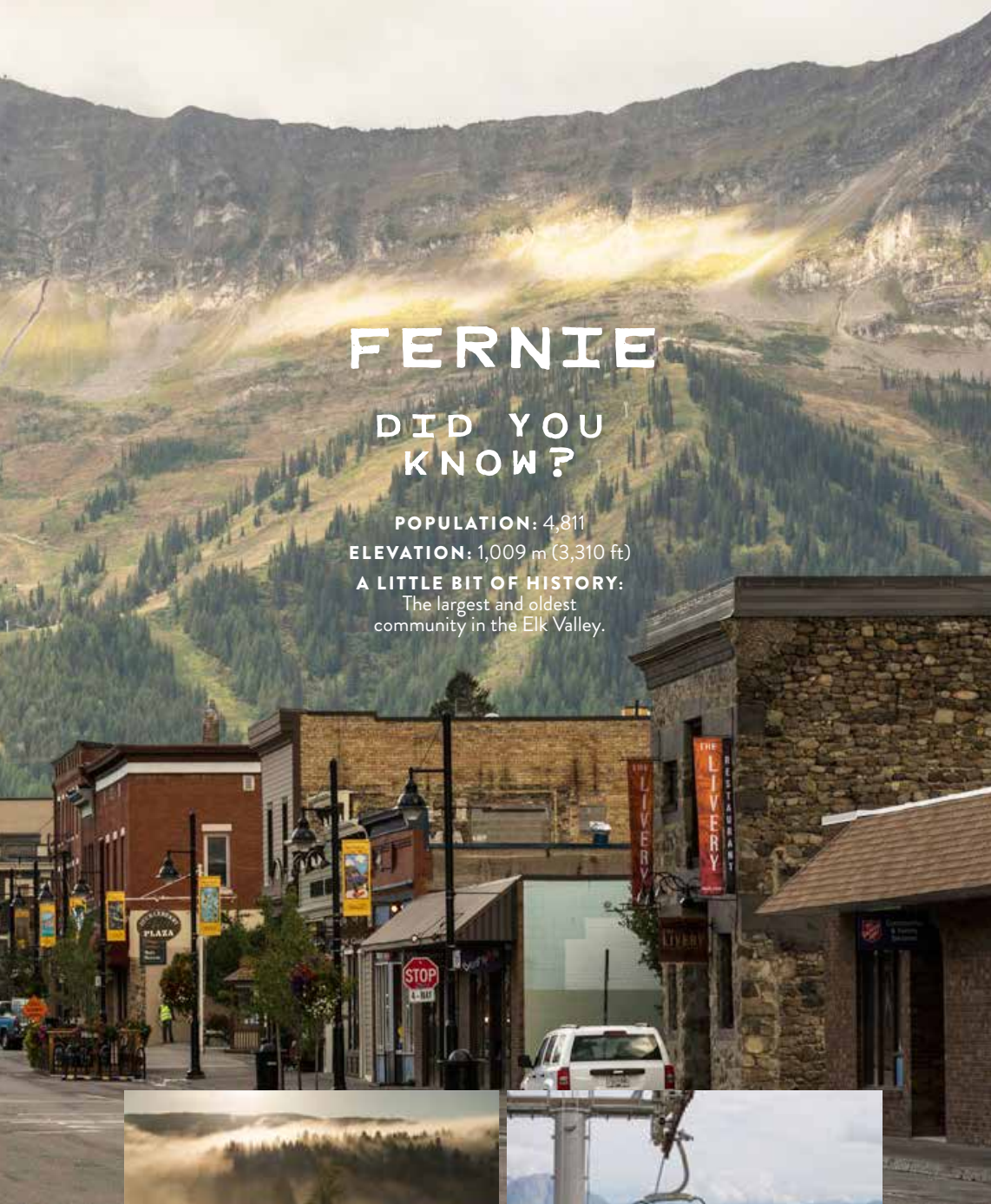
www.elkford.ca
1-855-877-WILD

Walk out your back door into a world untamed.
From Xtreme sportsman to simple nature lover... adventures are living life to its fullest in our mountain playground. Why aren't you?
Explore the wildlife, visit Elkford, British Columbia.

FERNIE

DID YOU KNOW?

POPULATION: 4,811
ELEVATION: 1,009 m (3,310 ft)
A LITTLE BIT OF HISTORY:
 The largest and oldest community in the Elk Valley.



SMALL TOWN CHARM, BIG MOUNTAIN ADVENTURE

Fernie is a four-season outdoor adventure town with stone and brick Victorian-era buildings that date back to the bygone days of the initial 'coal rush'. Set in the heart of the Rocky Mountains, wilderness adventure begins right at the edge of town. The crystalline Elk River renowned for fly-fishing and whitewater rafting, winds its way lazily through town while the jagged peaks of the Lizard Range hold many rewarding trails.

ARTS, CULTURE, HERITAGE

THE ARTS STATION

601 First Avenue
 A turn-of-the-century railroad station converted into a cultural centre, theatre and gallery.

FERNIE MUSEUM

491 Second Avenue
 Explore Fernie's heritage and culture in the galleries and through interactive and engaging events.

HERITAGE WALKING TOUR

Explore Fernie's historic downtown for its treasure of 100 year old brick and stone architecture. Scheduled tours offered by the Museum.

ATTRACTIONS

AERIAL PLAYGROUND

Bike Park, Chairlift rides, Rippin Zipline and Interpretive Centre at the Fernie Alpine Resort.

FESTIVALS

ELK RIVER FESTIVAL

Last weekend in September
 From fly-fishing to float trips, paddleboarding, kayaking and canoeing, honor & celebrate the many ways the Elk River is enjoyed.

MOUNTAIN BIKING RACES

Fernie hosts many mountain biking events during the summer and fall; Roll & Sole, Fernie 3 BikeRace, BC Cup, Wam Bam Dirt Jump Jam, Project 9 ...

MOUNTAIN MARKET

Every Sunday during the summer at Rotary park; fruit, vegetables, hand-crafted creations, entertainment.

WAPITI MUSIC FESTIVAL

August 5&6 An annual music event bringing quality Canadian Indie artists.
 More Events on KootenayRockies.com

RECREATION

FERNIE BIKE GUIDES

671 Second Avenue 250-423-3650
 For mountain bike coaching, instruction and guiding on the Elk Valley Trails.

GOLF

Fernie offers 18-holes and a wonderful wrap around deck for meals & drinks.

ISLAND LAKE LODGE

A mountain paradise offering accommodation and activities. See ad below.

RIVER ADVENTURES

The pristine Elk River is famous for fly-fishing, rafting, kayaking, SUP boarding and scenic floats. The views and wildlife are just as rewarding.

TRAILS -HIKING / BIKING

Pick up a Trail Map at the Visitor Centre
 Fernie's extensive trail system features beginner to advanced riding & trekking.

FERNIE VISITOR CENTRE

102 Highway 3 & 491 2nd Avenue
 250-423-6868
Info@FernieChamber.com TourismFernie.com

Island Lake Lodge

Experience our version of
Spectacular Setting

Located on 7,000 acres of private land, *Island Lake Lodge* provides the perfect setting to relax and unwind. We have great hiking trails, fine dining, fly-fishing, mountain biking and a spa.
Packages are available

14 kms from Fernie B.C.
www.islandlakelodge.com 1-888-422-8754

Small Town Charm. Big Mountain Adventure.

Fernie's Official Online Visitor Guide explorefernie.com



GOLDEN

DID YOU KNOW?

POPULATION: 3,701

ELEVATION: 790 m (2,592 ft)

CLAIM TO FAME:

The Kicking Horse Pedestrian Bridge is Canada's longest authentic freestanding covered timber frame bridge.



KICKING HORSE COUNTRY

Surrounded by national parks, three mountain ranges and at the confluence of two historic rivers, it is no wonder the town of Golden is renowned for outdoor recreation. Just about everything is offered – mountain biking, kayaking, whitewater rafting, sky diving, paragliding ... There's also an abundance of wildlife, scenery, history and real-life characters in this mountain town to captivate you and keep you coming back.

ARTS, CULTURE, HERITAGE

ART GALLERY OF GOLDEN

516 – 9th Avenue N
Gift Shop, studio and local artist exhibits.

GOLDEN MUSEUM

1302 – 11 Avenue S Artifacts dating back to 1865; log schoolhouse, CPR Station.

FESTIVALS

FARMERS MARKET

During the summer, Sat downtown;
Wed in CP parking lot, Hwy 95.
Locally grown goods, live music & artisan wares.

FLYING COMPETITION

A week long paragliding and hanggliding event in July. Spot the pilots soaring in the sky.

MOUNTAIN BIKING EVENT

June 18-19
Riders of all abilities test their endurance in this world-class single-track 24-hour biking race. The course begins and ends at Keith Memorial Park.

SUMMER KICKS MUSIC CONCERTS

Where the world comes to play in Golden.
On selected evenings. Free family event at the Kicking Horse Pedestrian Bridge.

RECREATION

ALPINE RAFTING

101 Golden Donald Upper Rd.
1-888-599-5299
Whitewater rafting adventure, raft & camp, cat-rafting, SUP board tours.
AlpineRafting.com

CANADIAN OFF-ROAD ADVENTURES

250-920-0002
Two, 3, 5 hour ATV Tours, Raft and Ride Pkgs.
Day trips include lakeside lunch.
CanadianOffRoadAdventures.com

CLIMBING

Kicking Horse Resort presents the new and exhilarating Via Ferrata. Dogtooth Climbing Gym offers indoor climbing for all ability levels & ages.

COLUMBIA WETLANDS ADVENTURES

Located just south of Golden in Parson (Hwy 95)
Watch for the World's Largest Paddle.
1-888-244-7117
Float Tours, paddleboards, canoeing, kayaking, geo caching. Tours & rentals. See ad pg 27
WetlandsAdventures.com

GOLDEN GOLF CLUB

VOTED BC'S #1 HIDDEN GEM

Challenging, fair and excellent value
18-HOLES, PAR 72 COURSE, RV SITES
GolfGolden.com 1-866-727-7222

GOLDEN GOLF CLUB

576 Golf Course Drive
1-866-727-7222
The 6,825 yard course also boasts licensed dining, driving range and an RV Park.
See ad pg 27
GolfGolden.com

TRAILS – HIKING / BIKING

Pick up a map at the Visitor Centre.
Golden offers some of the most biking terrain in North America from friendly trails to challenging overnight trips.
Pumptrack, Skatepark and Summer Bike Park at Kicking Horse Resort.

WILDLIFE VIEWING

Columbia Valley Wetlands, Reflection Lake, Edelweiss & Moberly Slough are favourite birding spots. The Grizzly Bear Refuge at Kicking Horse Resort offers interpretive tours and guaranteed sightings. Educational buffalo tours are offered at the Rocky Mountain Buffalo Ranch – learn about their history and behaviour.

BC VISITOR CENTRE @ GOLDEN

111 Golden Donald Upper Road
250-344-7711
BCVCGolden@DestinationBC.ca
TourismGolden.com

Columbia wetlands Adventures

KOOTENAY ROCKIES
2015 HOSPITALITY AND
TOURISM INDUSTRY
AWARD WINNER

**KAYAKING | FLOAT TOURS
CANOEING | PADDLE BOARDING**

250.348.2235
wetlandsadventures.com



Seek and you will find.

= GOLDEN RULES =



Your Golden Mountain Adventure Starts Here

In the heart of the Rockies you will find Golden. Surrounded by six of Canada's most stunning National Parks and sitting at the confluence of two historic rivers. Golden has activities for all to enjoy; rafting, hiking, biking, climbing or just simply enjoy our fabulous mountain scenery and wildlife.

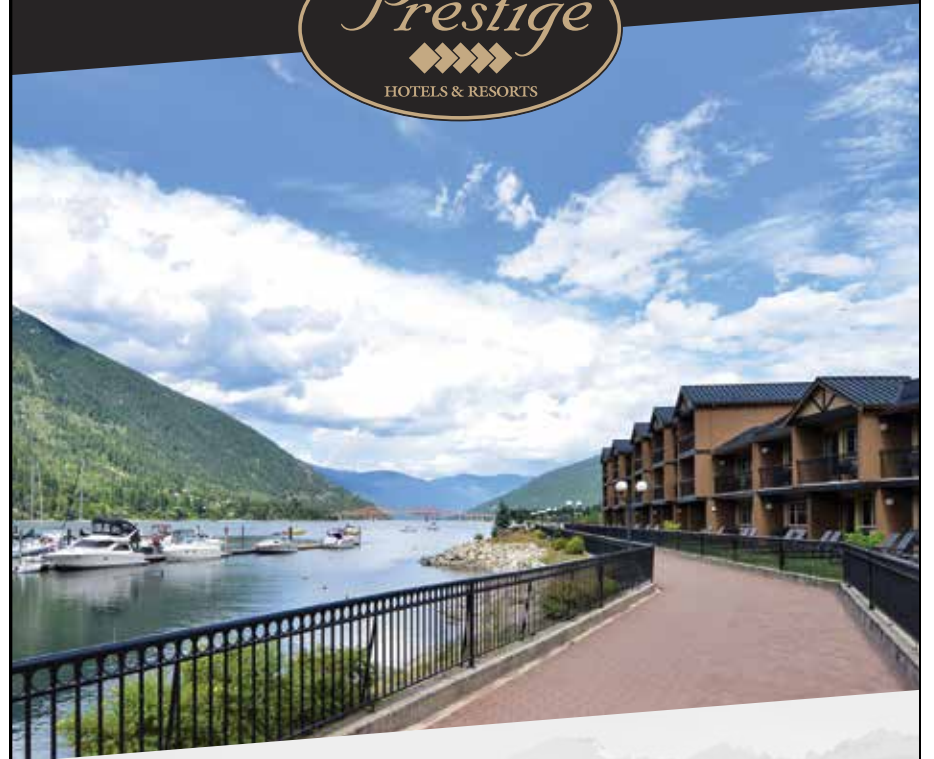
To find everything you need to know before or during your trip about places to stay, things to do, dining and services use our online interactive maps and trip planner tool to help you plan your Golden adventure.



We have a whole range of travel guides and maps to help you choose your activities. To view or order guides and maps for Golden visit www.tourismgolden.com/adventure



tourismgolden.com



Your Prestige adventure awaits!

With six locations in the Kootenay-Rockies region, Prestige Hotels & Resorts provides you with the opportunity for a unique and memorable experience.



Rossland



Nelson Resort



Nelson Inn



Cranbrook



Radium



Golden

PrestigeHotelsandResorts.com

Information & Reservations 1.877.737.8443

INVERMERE PANORAMA

DID YOU KNOW?

POPULATION: 4,000
ELEVATION: 859 m (2,818 ft)
A GOOD PIECE OF INFO:
Lake Windermere is one of the
warmest lakes in the region.



COLUMBIA VALLEY

Invermere on the Lake is a small, friendly town situated on the shores of one of the warmest lakes in the region. Spend the day at the beach but be sure to explore the impressive shops and artisan galleries downtown.

Minutes west of Invermere, also connected by daily shuttle in July and August, is Panorama Mountain Resort. This village is all about play. Kids will love the waterpark, waterslide and adventure camps. Grown-ups will enjoy the hot pools, shops, restaurants, golf course and the perfect setting.

ARTS, CULTURE, HERITAGE

PYNELOGS ART GALLERY

1720 – 4th Avenue
Art gallery, cultural centre, café and gift shop featuring the works of local artists and artisans.

WINDERMERE VALLEY MUSEUM

222 – 6th Avenue
The museum consists of 6 buildings furnished with pioneer artifacts and a fine old log CPR Station.

ATTRACTIONS

ARROWHEAD BREWING CO.

481 Arrow Road
Watch the beer making process from the viewing corridor; tastings in tap room.

BOTANICAL GARDENS

Three acres of botanical gardens with plantings of heritage perennials and food plants. A self-guided trail networks around Pynelogs & Dorothy Lake.

FAIRMONT HOT SPRINGS

A 15 minute drive south of Invermere. See page 8

POTHOLE PARK

Learn the history of Explorer David Thompson - he first visited this area in 1807. A beautiful monument is displayed on Main Street.

FESTIVALS

EAST KOOTENAY WINE FESTIVAL

First Fri & Sat in November. At Fairmont Hot Springs Resort, enjoy gourmet wine-paired dinner & wine tasting - over 200 wines are featured.

FARMERS MARKET

Saturday mornings during the summer. Freshly grown produce, local product lines, artisan wares and entertainment.

LAKE SIDE EVENTS

August 6 - Lakeside Splashdown
Hangglider & paraglider pilots soar through the air and attempt a targeted water landing. And, Loop the Lake - walk, bike or run in this relay race around Lake Windermere.

COLUMBIA VALLEY VISITOR CENTRE

651 Highway 93/95 250-342-2844
Info@CVChamber.ca CVChamber.ca
Info@InvermerePanorama.com
InvermerePanorama.com

RECREATION

GOLF

The Columbia Valley offers nine world-class golf resorts and 5 fun 9-hole golf courses.

TRAILS - HIKING & BIKING

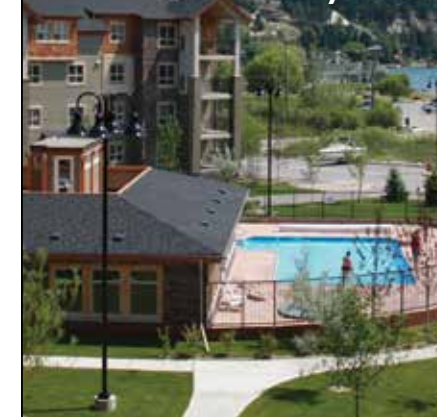
Panorama Bike Park offers chairlift accessed hiking and biking terrain for all abilities. Bike rentals are also available. Mount Swansea features 7 downhill trails and the Swansea Loop hiking trail will get you to some great view points.

WATERSPORTS

Kayak, canoe, paddle-board, sail, windsurf. Lake Windermere is a beach and boating haven offering rentals, excursions, guides & self-guided tours.

Experience Lakeside Living

Golf, Boat, Relax, Dine,
Live - Resort Style



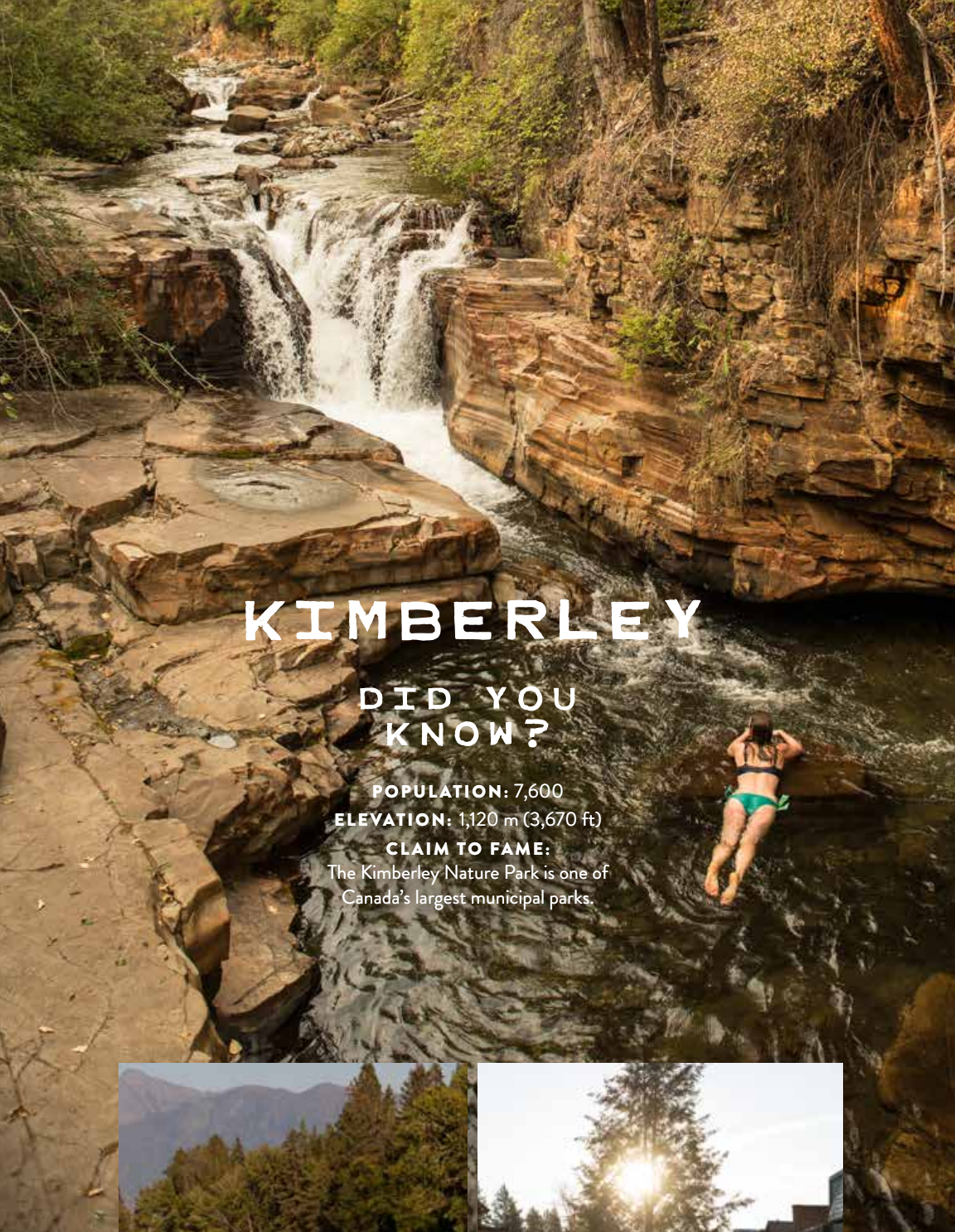
LakeWindermerePointe.com
InvermereResort.com

INVERMERE PANORAMA On The Lake Mountain Resort

GREAT MOUNTAIN - QUAIN TOWN



InvermerePanorama.com



KIMBERLEY

DID YOU KNOW?

POPULATION: 7,600
ELEVATION: 1,120 m (3,670 ft)
CLAIM TO FAME:
 The Kimberley Nature Park is one of Canada's largest municipal parks.



A GOOD PLACE TO BE

The alpine city of Kimberley is set on the western slope of the valley with the Purcell and Rocky Mountains on either side. The former mining town has recreated itself as a wonderful destination complete with championship golf courses, ski resort and an underground railway that highlights the history of the Sullivan Mine. Kimberley also presents Canada's largest free-standing Cuckoo Clock in the downtown Platzl.

MOUNTAIN SPIRIT RESORT
 KIMBERLEY · BRITISH COLUMBIA

Rated #1 Hotel in Kimberley on Tripadvisor!

- Luxurious studio to 2 bedroom suites
- Ideal for couples & small families
- Year round heated pool and hot tub
- Ideally located at the base of the ski hill
- Walk-ins welcome

www.mountainspiritresort.ca
 1.877.432.6006

NORTHSTAR MOUNTAIN VILLAGE RESORT
 KIMBERLEY BC CANADA

Rated #1 Specialty Lodging in Kimberley on Tripadvisor

- ★ Spacious family-friendly 2 & 3 bedroom townhomes (1000-1900 sq ft)
- ★ Private hot tubs and heated outdoor pool
- ★ Discounted weekly rates available

1.877.233.3307
northstarmountainvillage.com
 • EXPLORE THE POSSIBILITIES •

ARTS, CULTURE, HERITAGE

HERITAGE MUSEUM & LIBRARY
 150 Spokane Street Artifacts, photographs, changing displays depict various aspects of early life including mining and skiing.

KIMBERLEY ARTS AT CENTRE 64
 64 Deer Park Ave Kimberley's arts and culture centre; art exhibitions and live performances.

ATTRACTIONS

AQUATIC CENTRE
 520 Archibald Street Five-lane pool, kids area, lazy river, hot tub, steam room.

COMINCO GARDENS
 Townsite, 4th Avenue Stroll through 2.5 acres filled with different varieties of flowers.

MARYSVILLE FALLS & ECO PARK
 Lovely boardwalk along Mark Creek to the falls. The park displays a Westslope Trout sculpture celebrating their return to this creek.

PLATZL
 Downtown Kimberley - Outdoor pedestrian mall with many restaurants and shops.

SPIRIT ROCK CLIMBING CENTRE
 In the Platzl - Climbing gym for all ability levels.

UNDERGROUND MINING RAILWAY
 115 Gerry Sorenson Way 250-427-0022
 Ride the train and enjoy the attractions: theatre, mining school house & residence, Powerhouse. See ad pg 14 KUMR.ca

FESTIVALS

FARMERS MARKET
 Howard Street - Thursday evenings during the summer. Fresh food and crafts from local farmers and artisans, live music, delicious food.

FIRST SATURDAYS
 July to October - All day Arts & Culture events take place on the first Saturday of each month.
 More Events on KootenayRockies.com

RECREATION

GOLF COURSES
 18-Holes: Bootleg Gap (& Rec 9), Kimberley Golf Course and Trickle Creek. Putting Course at Kimberley Riverside Campground.

FISHING
 The St. Mary, and other nearby rivers are full of Cutthroat, Rainbow & Bull Trout. Many area lakes also offer great experiences. Book a guided fishing or rafting trip.

TRAILS - HIKING / BIKING
 The Kimberley Nature Park offers an extensive network of trails. The Northstar Rail Trail - former railway between Kimberley and Cranbrook is part of the TransCanada Trail. Maps available at the Visitor Centre.

KIMBERLEY VISITOR CENTRE
 270 Kimberley Avenue 1-778-481-1891
Info@TourismKimberley.com
TourismKimberley.com

NAKUSP

DID YOU KNOW?

POPULATION: 1,569

ELEVATION: 450 m (1,476 ft)

A LITTLE BIT OF HISTORY:

Nakusp got its start during the silver mining boom in the 1890s.

ARTS, CULTURE, HERITAGE

ARROW LAKES FINE ARTS

311 Broadway Street Exhibition space for the visual arts and summer gallery events.

LELAND HOTEL

Downtown – The oldest continuously operating hotel in British Columbia.

NAKUSP MUSEUM

92 – 6th Avenue NW This museum is rich in history of early life on the Arrow Lakes – sternwheelers, agriculture and mining.

ATTRACTIONS

HOT SPRINGS

Halcyon, Halfway River and Nakusp. See ads pg 8 and below

KUSKANAX CREEK FOOTBRIDGE

A short walk from the hot springs. A covered bridge with seating and glass viewing panels spans the Kuskanax River.

WATERFRONT PROMENADE

Stroll along Nakusp's Waterfront Park; featuring a Japanese Garden and the Spicer Garden.

FESTIVALS

FARMERS MARKET

Saturday mornings, downtown. Locally grown produce, plants and wonderful artisan wares.

MEDIEVAL DAYS

July 23-24
80-acre site on Hot Springs Rd
Fun, feasting, entertainment and workshops for the whole family.

MUSIC IN THE PARK

Wednesday evenings. Free concerts at the Community Park gazebo.

NAKUSP FALL FAIR

Early Sept at the Sports Complex. A celebration of agriculture heritage of the Arrow Lake.
More Events on KootenayRockies.com

RECREATION

GOLF COURSES

Fauquier and Nakusp are both challenging and beautiful 9-hole golf courses.

HIKING & BIKING TRAILS

Trails range from easy to extreme; Box Lake Loop, Cedar Grove Trail, Kimbol Lake, Saddle Mountain, and more. Pick up a map at the Visitor Centre.

WATERSPORTS

Arrow Lakes offer a holiday destination for swimming, boating, jet-skiing, water-skiing and fishing.

NAKUSP VISITOR CENTRE

92 6th Avenue NW 1-800-909-8819
Nakusp@telus.net NakuspArrowLakes.com
NakuspHotSprings.com

RELAX. REFRESH. RETURN.



NAKUSP HOT SPRINGS

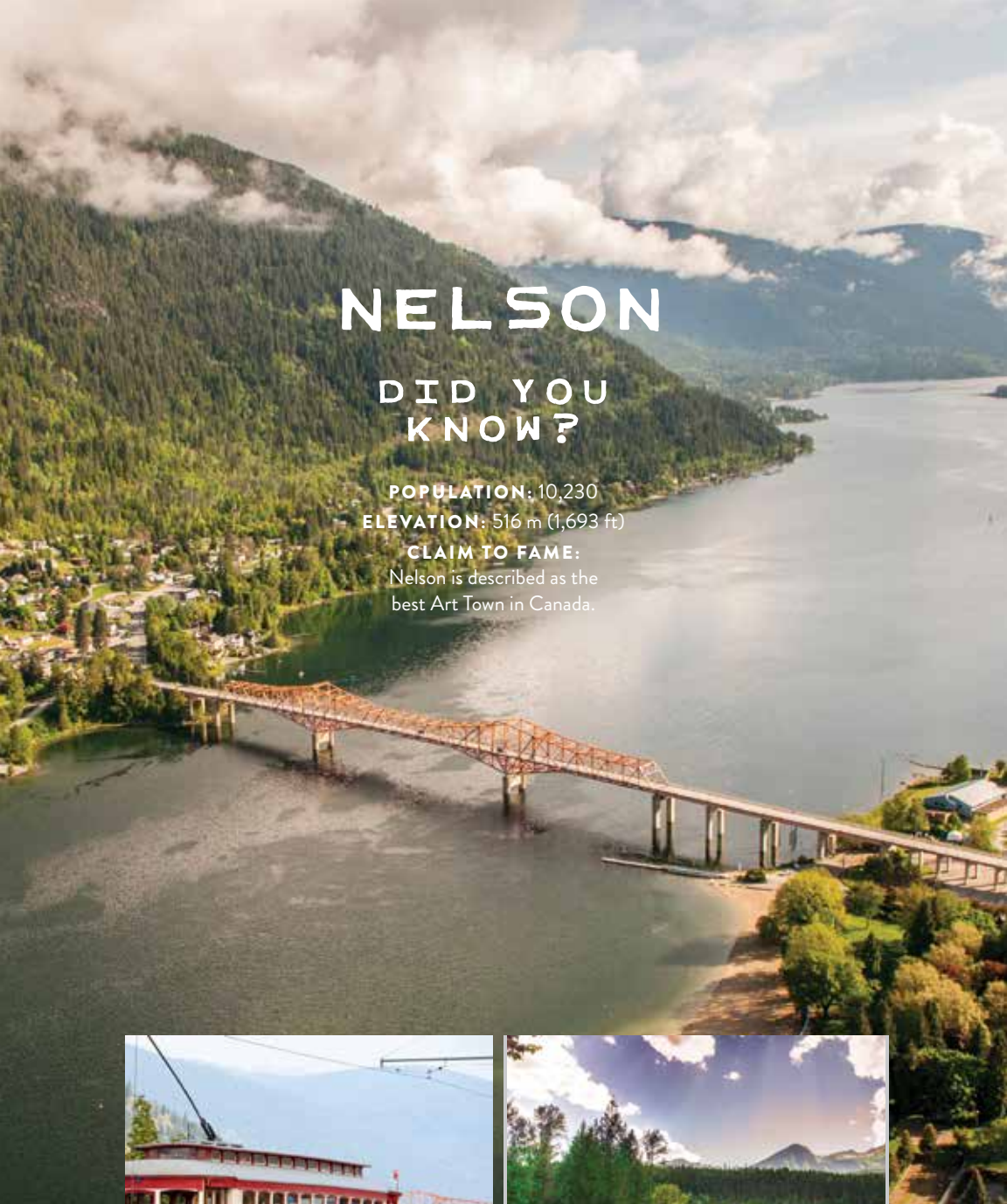
CHALETS & CAMPGROUND

- Open Year-Round
- Campground open May 1 to mid-October
- Affordable accommodation at the Cedar Chalets
- Visit the new footbridge crossing the Kuskanax Creek to explore the natural surroundings

1-866-999-4528 8500 Hot Springs Road, NAKUSP
info@nakusphotosprings.com NakuspHotSprings.com

HISTORIC HUB OF THE ARROW LAKES

During the Silvery Slocan mining boom, this tranquil village was a major transportation hub. The town's museum is packed with artifacts and displays that illustrate this rich history. Today, the village of Nakusp, alongside the Monashee Mountain range, offers hiking and biking opportunities, and services such as playgrounds and parks, sandy beach, marina and boat launch and of course the wonderful hot springs.



NELSON

DID YOU KNOW?

POPULATION: 10,230
ELEVATION: 516 m (1,693 ft)
CLAIM TO FAME:
 Nelson is described as the best Art Town in Canada.



FAR OUT. FOR REAL

The Nelson Kootenay Lake area is brimming with a diversity of mountain culture. The mountains were once alive with Sinixt and Ktunaxa First Nations, then the sounds of miners working their claims and today you are likely to encounter backcountry hikers, mountain bikers and skiers. The rich mountain cultures of Ainsworth Hot Springs, Balfour, Lardeau, Kaslo, Meadow Creek and Nelson boast a vivid past of Victorian architecture, vibrant art scenes and colourful cultural histories. Those unique qualities are matched with world-class outdoor adventure, great dining, shopping and accommodation options.

ARTS, CULTURE, HERITAGE

CHAMBER OF MINES MUSEUM

215 Hall Street
 Mining built towns throughout BC; check out one of the best rock collections in the world.

CITY HERITAGE TOUR

Take a self-guided walking tour and discover why the city is known as the Heritage Capital of BC. Maps available at Visitor Centre.

SALMO MUSEUM

Railway Street & 4 Street
 Hardrock mining display, underground tunnel, archives and photographs. Salmo also offers a Heritage Tour and six unique stone murals.

STREETCAR #23

The last survivor of Nelson's original transit system. Catch the tramway at Lakeside Park and Prestige Resort.

TOUCHSTONES MUSEUM OF ART & HISTORY

502 Vernon Street
 Experience the art gallery, community museum and archives. Located in a 1902 heritage building.

ATTRACTIONS

AINSWORTH HOT SPRINGS

Highway 31 Famous hot springs pool including a horseshoe-shaped cave. See ad pg 6

JB FLETCHER MUSEUM

Ainsworth Hot Springs A turn-of-the-century restored general store presents a show of mining artifacts.

WOODBURY RESORT & MARINA

EAT FISH PLAY SLEEP REPEAT

MOTEL, RV, TENTING
 JB'S PUB AND RESTAURANT
 FULL SERVICE MARINA
 COUNTRY STORE
 AND LAUNDROMAT
 COLD BEER AND WINE
 HEATED POOL

4112 Hwy 31 Ainsworth Hot Springs BC
 Phone: 250-353-7717
 Toll free: 1-877-353-7717
 woodburyresort@netidea.ca
 WOODBURYRESORT.COM

KOKANEE MOUNTAIN ZIPLINE
 NELSON BC CANADA

"AMAZING STAFF, OUTRAGEOUS VIEWS!"
 ★★★★★ — SASHA

"No Wings Required"

BOOK NOW! W: www.zipkokanee.com
 P: 1-866-702-7709

ATTRACTIONS - Continued

NELSON BREWERY TOUR

512 Latimer Street
A premier beer making operation.
Tours start every Friday at 3:30pm.
Please book ahead.

FESTIVALS

FARMERS MARKETS

Community Market, Saturdays at the Cottonwood Falls Park. Downtown Market, Wednesdays. Both are outstanding.

SEPTEMBER EVENTS

Kootenay Storytelling Festival, Queen City Cruise Car Show and Kootenay Spirit Festival. Nelson provides the ideal location.

More Events on KootenayRockies.com

RECREATION

BIKING & TREKKING

The area offers a network of trails for mountain biking and hiking. Shuttle service, bike shops, rentals and a dirt jump zone is also offered. Guided rock climbing, trekking and hiking trips available.

GOLF

Granite Pointe, Balfour, Eagleview, Kaslo; each offer great golf and gorgeous views; enjoy a round. NelsonKootenayLake.com/golfing

RECREATION - Continued

GREAT NORTHERN RAIL TRAIL

This converted railway between the cities of Nelson and Salmo is wonderful for biking.

KOKANEE MOUNTAIN ZIPLINE

At Kokanee Creek Provincial Park
1-866-358-8688 Six ziplines, six unique experiences. Outrageous fun for the whole family. See ad pg 37 ZipKokanee.com

LARDEAU RIVER ADVENTURES

Meadow Creek 1-855-400-7238
Unparalleled whitewater rafting experience on the crystal waters of the Lardeau.
Suitable for all ages. See ad pg 39
LardeauRiverAdventures.com

WATERSPORTS

Kootenay Lake offers great fishing and a beautiful Lakeside Park. Nearby, Lardeau, Salmo & Slocan Rivers are popular for kayaking and rafting. Charters and tours available.

NELSON VISITOR CENTRE

91 Baker Street
1-877-636-5706
Info@DiscoverNelson.com
DiscoverNelson.com
NelsonKootenayLake.com



KASLO ATTRACTIONS

JAPANESE CDN MUSEUM

At the Langham Cultural Centre, 447 Ave
An archival display on Japanese Canadian internment years.

KASLO RIVER TRAILS

A scenic riverside ramble (6 km easy) looping the north and south sides of the Kaslo River. The beautiful covered bridge is the half way point.

KOOTENAY LAKE ARCHIVES

312 - 4th Ave
In the Old Jail, showcasing over 5,000 photographs.

KOOTENAY STAR MUSEUM

402 Front Street
This museum displays a rich treasure of machinery, photos, documents, mining samples and more.

LARDEAU VALLEY HISTORICAL MUSEUM

Meadow Creek, Hwy 31 A small museum with a variety of local artifacts relevant to the area.

SS MOYIE NATIONAL HISTORIC SITE

324 Front Street
The SS Moyie launched in 1898 and operated for almost 60 years. Beautifully restored museum and a must for visitors.

FESTIVALS

KASLO JAZZ FESTIVAL

July 29-31 Musical genres, craft refreshment vending, childrens entertainment tent, workshops, beach setting, fun for the whole family.

KASLO SATURDAY MARKET

Front Street Park
Local artists, crafters and food producers.
More Events on KootenayRockies.com

KOOTENAY SUFFERFEST

Kaslo, New Denver & Nakusp Sept 3-5
Trail runs, mountain biking, cyclocross & duathlon.

ROAD & MOUNTAIN BIKING

The area offers a network of trails for mountain biking and hiking. Shuttle service, bike shops and a dirt jump zone is also offered.

KASLO VISITOR CENTRE

324 Front Street 250-353-2525
SSMoyie@klhs.bc.ca
NelsonKootenayLake.com



Nelson Kootenay Lake Tourism
FOR OUT. FOR REAL.

**UNLIMITED CULTURE AND
ADVENTURE TUCKED INTO
6 VIBRANT COMMUNITIES.**

NELSONKOOTENAYLAKE.COM
Nelson • Balfour • Ainsworth Hot Springs • Kaslo • Lardeau • Meadow Creek

RADIUM HOT SPRINGS

DID YOU KNOW?

POPULATION: 777

ELEVATION: 800 m (2,625 ft)

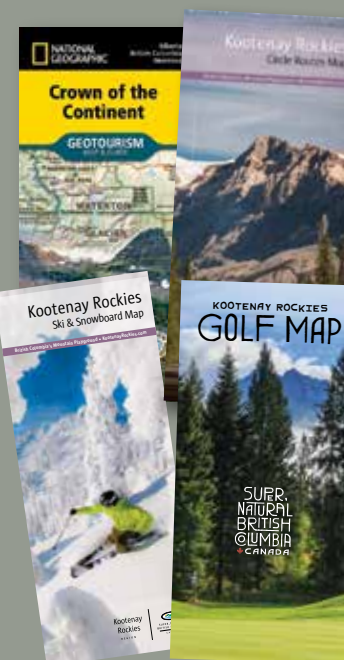
A LITTLE BIT OF HISTORY:

The first recorded visit to the hot springs was by Sir George Simpson, Governor of the Hudson's Bay Company in 1841.

ORDER YOUR FREE
MAP GUIDES TODAY

1-800-661-6603

Info@KootenayRockies.com



Nipika Mountain Resort borders Kootenay National Park and offers guests a recreational playground right out the front door of the luxurious lodge and cabins.

Nipika is a remarkable eco lodge inviting guests to retreat, relax and recreate. Easy access to mountain biking, hiking, fishing, canoeing, kayaking or rafting. Or just sit on the porch and watch the wildlife graze.

1-877-647-4525

info@Nipika.com

www.Nipika.com



ARTS, CULTURE, HERITAGE

CULTURES IN CONTACT

At the Visitor Centre – History and culture of the Ktunaxa Nation & Anatomy of Land exhibit.

RADIUM WOODCARVER

Highway 93/95

The art shop is filled with carvings, from gigantic chainsaw sculptures to the smallest abstract souvenir.

ATTRACTIONS

COLUMBIA VALLEY WETLANDS

One of the largest contiguous wetlands in North America. Adjacent to the Columbia River between Invermere and Golden. Excellent wildlife viewing. Guided floats are offered.

RADIUM HOT SPRINGS POOLS

Highway 93 – Kootenay National Park
Spacious, family-friendly facility with naturally heated mineral water, spa and shop.
See pg 9 and back cover. HotSprings.ca

FESTIVALS

CLASSIC CAR SHOW

Always the 3rd weekend in September.
The Show & Shine takes place at the Springs Golf Course.

MUSIC & MARKET ON MAIN

During the summer, Fridays & Saturdays, next to Visitor Centre. Live music and market vendors.

WINGS OVER THE ROCKIES

First week in May. Amazing birding opportunities, field trips, presentations and entertainment.

RECREATION

GOLF

Radium Hot Springs offers The Springs and Radium 18-hole golf courses. And, a number of 9-hole layouts: Spur Valley, Edgewater and Se-tetkwa.

TRAILS – HIKING & BIKING

This area is home to hundreds of kilometres of world-class trails: Old Coach, Lake Lillian and Nipika Cross River Canyon Trails. The Nipika Trail system offers a 100 km scenic trail network for hiking, trail running, biking and cross-country skiing.

WHITewater RAFTING

Enjoy an exciting rafting adventure on the Kicking Horse, Kootenay or Columbia Rivers.

WILDLIFE VIEWING

The village is home to a resident herd of Rocky Mountain Bighorn Sheep. You can't miss them. The Headbanger Festival takes place first weekend in Nov, during the sheep's annual rut.

RADIUM HOT SPRINGS VISITOR CENTRE

Highway 95, 7556 Main Street East
1-888-347-9331

Info@RadiumHotSprings.com
RadiumHotSprings.com

FIND YOUR PEACE

The village of Radium Hot Springs lies at the southern entrance to Kootenay National Park. The hot pool facilities are located in Sinclair Canyon, just a couple minutes inside the park boundary. People come here not only for the hot springs but also for the excellent golf courses in the area. Radium Hot Springs also offers hiking opportunities, whitewater rafting adventures and scenic floats. The village offers an extensive range of visitor services – selection of restaurants, shops and accommodation from campgrounds to full-service resorts.

REVELSTOKE

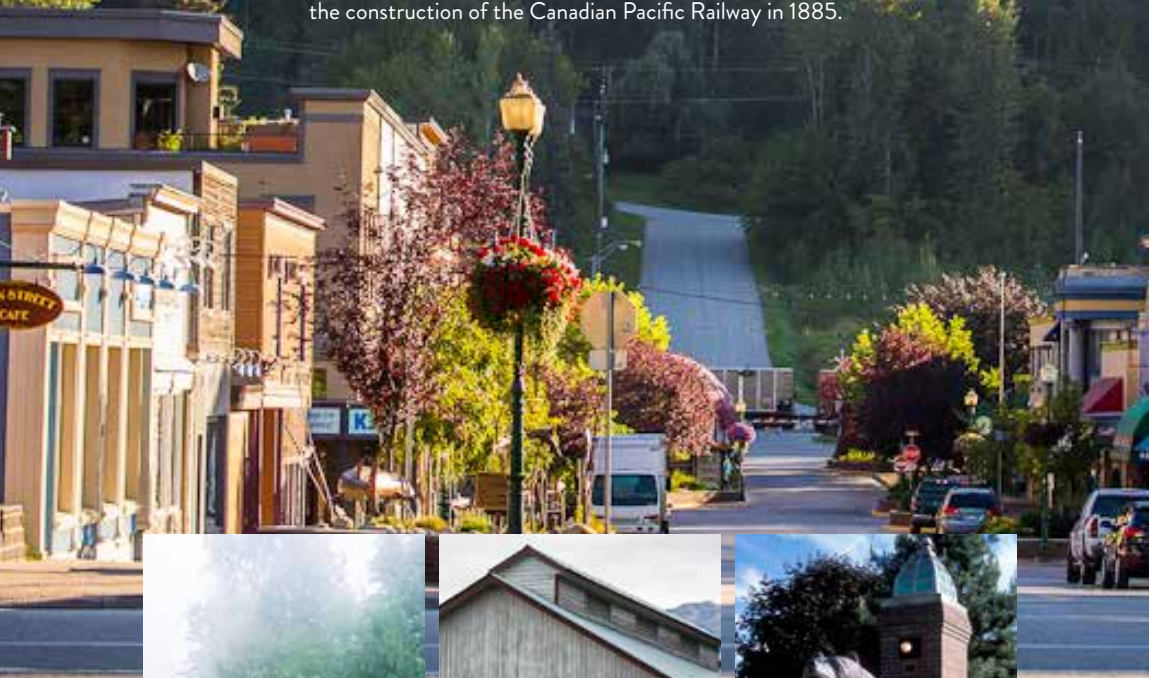
DID YOU KNOW?

POPULATION: 7,139

ELEVATION: 455 m (1,492 ft)

A LITTLE BIT OF HISTORY:

Revelstoke was founded in 1880 as a transportation and supply centre for the mining rush. This was bolstered by the construction of the Canadian Pacific Railway in 1885.



CLOSE TO HEAVEN, DOWN TO EARTH

Revelstoke is all about the mountains – big, beautiful, wilderness loaded mountains. Drop below the peaks of the Selkirks and Monashee Mountains, the city is a hot spot for backcountry adventure, the gateway to Mt. Revelstoke and Glacier National Parks, and owes its existence to the railway. The picturesque downtown has retained many of its original early 20th century business buildings and hundreds of its heritage homes.

ATTRACTIONS

BC HYDRO REVELSTOKE DAM TOUR
Highway 23 N – Exhibits show how the project was built and how the system works.

**CRAZY CREEK WATERFALLS
SUSPENSION BRIDGE, HOT POOLS**
6162 Highway #1, at Malakwa – Magnificent viewing platform, gift shop, patio, boardwalk.

**ENCHANTED FOREST
& SKYTREK ADVENTURE PARK**
Highway #1 W – 1-866-944-9744
A wonderful family attraction – something for the young, young at heart and adventurous. See ad pg 44. EnchantedForestBC.com SkyTrekAdventurePark.com

HERITAGE DOWNTOWN
Pick up a Walking Tour Map at the Visitor Centre and explore. Near Centennial Park, a heritage trail features interpretive signage and views.

MT. BEGBIE BREWERY TOUR
521 1st St W – Revelstoke's microbrewery offers tours and tastings during the summer.

THREE VALLEY GAP GHOST TOWN
Hwy #1 W – A unique attraction – tour more than 25 restored historic buildings. Check out Beardale Miniatureland further along on Highway #1.

FESTIVALS

SUMMERS IN GRIZZLY PLAZA
Saturday mornings, Farmers Market; Locally grown produce & artisan wares. Live entertainment every evening.

SPORTING EVENTS
Many major mountain biking events, ball tournaments and running races take place in Revelstoke such as the Glacier Challenge July 29-Aug 1 and North Face Dirty Feet Trail Running Race on August 14.

MUSEUMS

FIREHALL MUSEUM
227 – 4th Street
Revelstoke's first motorized firetruck is the centre piece of the museum.

FORESTRY MUSEUM
4 kilometres N of Revelstoke Dam
Check out the vintage forest fire lookout cabin, swing the firefinder, climb into the crow's nest, browse the gift shop.

NICKELODEON MUSEUM
111 First Street W
Canada's only mechanical music museum. Guided demonstration tours are offered.

RAILWAY MUSEUM
719 Track Street W
This museum houses the beautiful CPR locomotive #5468.

REVELSTOKE MUSEUM
315 First Street W
This museum is devoted to lumbering, mining, farming, railroading and the early settlement of Revelstoke.

RECREATION

APEX RAFT COMPANY
112 First St (at Regent Inn)
1-888-232-6666
Rafting adventure on the Illecillewaet River near Mt. Revelstoke National Park. ApexRafting.com See ad below.

REVELSTOKE MOUNTAIN RESORT
Scenic gondola rides and heli-activities.

TRAILS – HIKING & BIKING
Revelstoke is home to hundreds of kilometres of world-class trail networks. Free Trail Maps at the Visitor Centre. Bike rentals & guided rides also offered.

MORE ADVENTURE
This outdoor paradise also offers ATV tours, dirt biking, mountaineering, rock climbing, alpine hiking ... and a beautiful 18-hole golf course.

REVELSTOKE VISITOR CENTRE

301 Victoria Road W
1-800-487-1493
Info@RevelstokeChamber.com
SeeRevelstoke.com

**APPEX
RAFTING**
REVELSTOKE, BC

Book Online
apexrafting.com
1-888-232-6666



Redefining: STOKES

{stok} verb; past tense: stoked; to be stoked
Excitement or thrill that one will experience in Revelstoke, British Columbia.

REVELSTOKE+
BRITISH COLUMBIA, CANADA



Experience #TheRealStoke;
Halfway between Calgary & Vancouver on Hwy 1

SeeRevelstoke.com



Sky Trek
adventure park

WWW.SKYTREK.CA
WWW.ENCHANTEDFORESTBC.COM
1.866.944.9744

THE ENCHANTED FOREST

ROSSLAND, B.C. Unspoiled, Uncrowded



Kootenay Mountain Bike Coaching & Mountain Shuttle

Make the most out of your biking vacation. Join a group mountain bike shuttle any day at 10am. Take a lesson, tour or book a guide. Shuttle service includes Castlegar & Trail Airports, Seven Summits Trail and local trails. Accommodation & Tour packages available.

www.kootenaymountainbiking.com
www.mountainshuttle.ca
250.362.0080



TOURISM
ROSSLAND
tourismrossland.com

ROSSLAND

DID YOU KNOW?

POPULATION: 3,556
ELEVATION: 1,023m (3,356 ft)

CLAIM TO FAME:
Seven Summits Trail is one of the most sought after cross-country / all-mountain rides in North America and was awarded an International Mountain Biking Association Epic Ride Status.



MOUNTAIN BIKING CAPITAL OF CANADA

Perched high in the Monashee Mountains, Rossland was the site of one of Canada's richest 19th century gold strikes. Today, the easy-going locals and mountain-lovers who flock here, strike gold on the stunning hiking and biking trails. World-renowned 30 km / 18 mi long Seven Summits Trail is an incredible ride well deserving of its IMBA Epic Ride status.

ARTS, CULTURE, HERITAGE

GOLD FEVER FOLLIES

Live musical theatre shows, highlighting the rich gold mining history of Rossland. Entertaining for the whole family. Held downtown, corner of Washington Street and Columbia Avenue. GoldFeverFollies.com
See ad below.

HERITAGE WALKING TOUR

Discover 30 heritage stone, brick or granite downtown buildings built before 1929. Pick up a Tour Map at the Visitor Centre.

ROSSLAND MUSEUM & DISCOVERY CENTRE

Highway Junction 22 & 3B
Site of the LeRoi Gold Mine, displays of artifacts, a Geology Centre and gold panning attraction.

FESTIVALS

MOUNTAIN MARKET

Every Thursday evening downtown, during the summer. Browse the locally grown and made goods.

ROSSLAND BIKE FESTIVALS

August presents the Rubberhead Enduro downhill mountain biking race and the Huck'en Berries Bike Jam. The Seven Summits Poker Ride takes place in September.

More Events on KootenayRockies.com

RECREATION

GOLF

Redstone Golf Resort offers 18-holes of true mountain golf, licensed dining & lounge. The Thin Air Disc Golf Club is the top 18-hole disc golf course in the Kootenays.

KOOTENAY MOUNTAIN BIKE COACHING

250-231-4305
Betty@BettyGoHard.com
Guided mountain biking rides, shuttles, lessons, clinics, programs, tours and packages. KootenayMountainBiking.com
See ad pg 45

TRAILS - HIKING & BIKING

Rossland offers over 200 kms (125 mi) of maintained trails for mountain biking, walking and horse riding. A number of bike shops and bike rentals are offered. Pick up a Trail Map at the Visitor Centre.

WATERSPORTS

Nearby Nancy Greene Provincial Park is the perfect place to enjoy fishing, swimming and boating – the subalpine lake is beautiful. Rossland also offers a seasonal outdoor pool. The pool, 80 years old is also a heritage site.

ROSSLAND VISITOR CENTRE

Highway Junction 22 & 3B
1-888-448-7444
Info@RosslandMuseum.ca
TourismRossland.com

SLOCAN VALLEY

DID YOU KNOW?

POPULATION: 7,600

ELEVATION: 1,120 m (3,670 ft)

A LITTLE BIT OF HISTORY:

Sandon, today a heritage ghost town, was once the capital of the Silvery Slocan in the 1890s when Canada's richest silver mining community grew to a population of 5,000.

ARTS, CULTURE, HERITAGE

HISTORICAL INTERPRETIVE CENTRE

Silverton offers an outdoor mining museum, Fingland cabin and a Blacksmith Shop.

NIKKEI INTERNMENT MEMORIAL CENTRE

306 Josephine Street, New Denver
The only interpretive centre in Canada dedicated to the history and internment of over 22,000 Canadians of Japanese heritage.

SANDON

Town attractions include the original city hall, historic homes, museum, steam train and more.

SILVERY SLOCAN MUSEUM

New Denver – a heritage building displaying exhibits, records, artifacts and photographs.

ATTRACTIONS

KOHAN REFLECTION GARDEN

New Denver – a beautiful Japanese-style garden honouring Japanese Cdns relocated in 1942.

KOOTENAY CRAFT DISTILLERY

Winlaw – 7263 Gustafson Road
Call for Tours & Tastings: 250-355-2702
Unique spirits, such as Valhalla Vodka, are created from 100-mile-sourced spring water.
See ad pg 48

FESTIVALS

FRIDAY MARKET

New Denver, downtown, June to Sept.
Produce, antiques, artisan wares.

GARLIC FESTIVAL

New Denver, Centennial Park, Sept 11
Everything garlic!

RECREATION

GOLF

New Denver and Winlaw both offer 9-hole golf courses with a relaxed atmosphere and food & beverage options.

IDAHO PEAK

Access Road starts in Sandon A wonderful easy hike showcasing wildflowers, old fire lookout and views of Valhalla Mountains and Slocan Lake.

TRAILS – HIKING & BIKING

This area has some outstanding trails: Kaslo & Slocan Railway Loop, Slocan Valley Rail Trail and the Galena Trail which includes includes a cable car ride over Carpenter Creek.

WATERSPORTS

The Slocan River is very popular for rafting and kayaking.

NEW DENVER VISITOR CENTRE

202 6th Avenue 250-358-2719
VIC@SlocanLake.com SlocanLake.com

YOURS, OURS AND MINE

The town of Sparwood, is the gateway town to the region from Alberta on Highway 3. The ultimate monster truck, the Terex Titan, stands silently at the entrance – a monument to Sparwood's major industry. Just beyond this alpine community exists a treasure trove of adventure – fly-fishing in pristine lakes and rivers and hiking & biking on old forestry roads.

ATTRACTIONS

COAL MINER DAYS

June 10-12
An annual festival celebrating Sparwood's heritage with a parade, sporting events and a street market.

LEISURE CENTRE

367 Pine Avenue
All-season indoor pool, whirlpool, sauna, sports courts and children's programs.

OPEN PIT MINE TOURS

During July & August, tours of Teck's Elkview Operations depart three times per week from the Sparwood Visitor Centre. Educational and fun.

TEREX TITAN

World's largest tandem axle dump truck.
You have to see it to believe it – 2 Greyhound buses and 2 pickup trucks can fit into the box.

RECREATION

FISHING

The Elk River is a pinnacle of the East Kootenay as it flows from high up in the Rocky Mountains. Over its course, the river offers world-class dry fly-fishing for Westslope Cutthroat.

GOLF

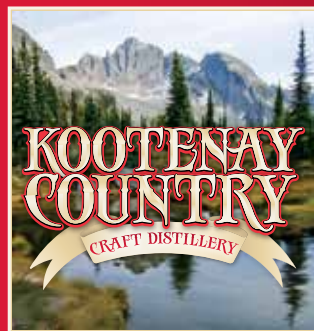
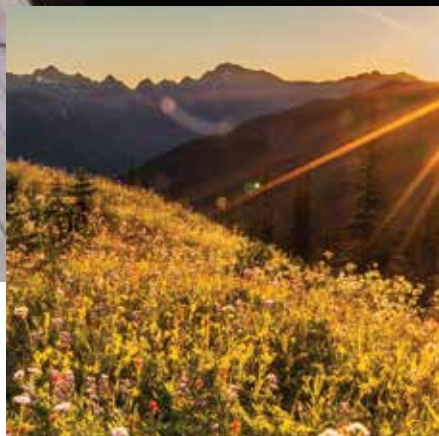
The Sparwood Golf Course offers 9-holes, rolling fairways and beautiful mountain vistas.

TRAILS

The area offers a number of trails maintained for different activities such as ATVing, horseback riding, hiking and mountain biking. The Mountain Shadows Trail is an easy trail for walking, beginning at the campground and circling the golf course.

SPARWOOD VISITOR CENTRE

141A Aspen Drive 1-877-485-8185
Administrator@SparwoodChamber.bc.ca
Sparwood.ca



kootenaycountry.ca

SANDON, SILVERTON, NEW DENVER, WINLAW

The Slocan Valley is one of the most interesting places to explore in the region. With amazing ghost towns, pristine lakes and waterfalls, spectacular mountain vistas and a poignant history with WWII Japanese internment camps, there is a wide range of paths to travel. The many towns and villages such as New Denver, Sandon, Silverton, Winlaw and more - offer a glimpse into the mining past of this valley.

POPULATION: 3,667
ELEVATION: 1,140 m (3,740 ft)

TRAIL

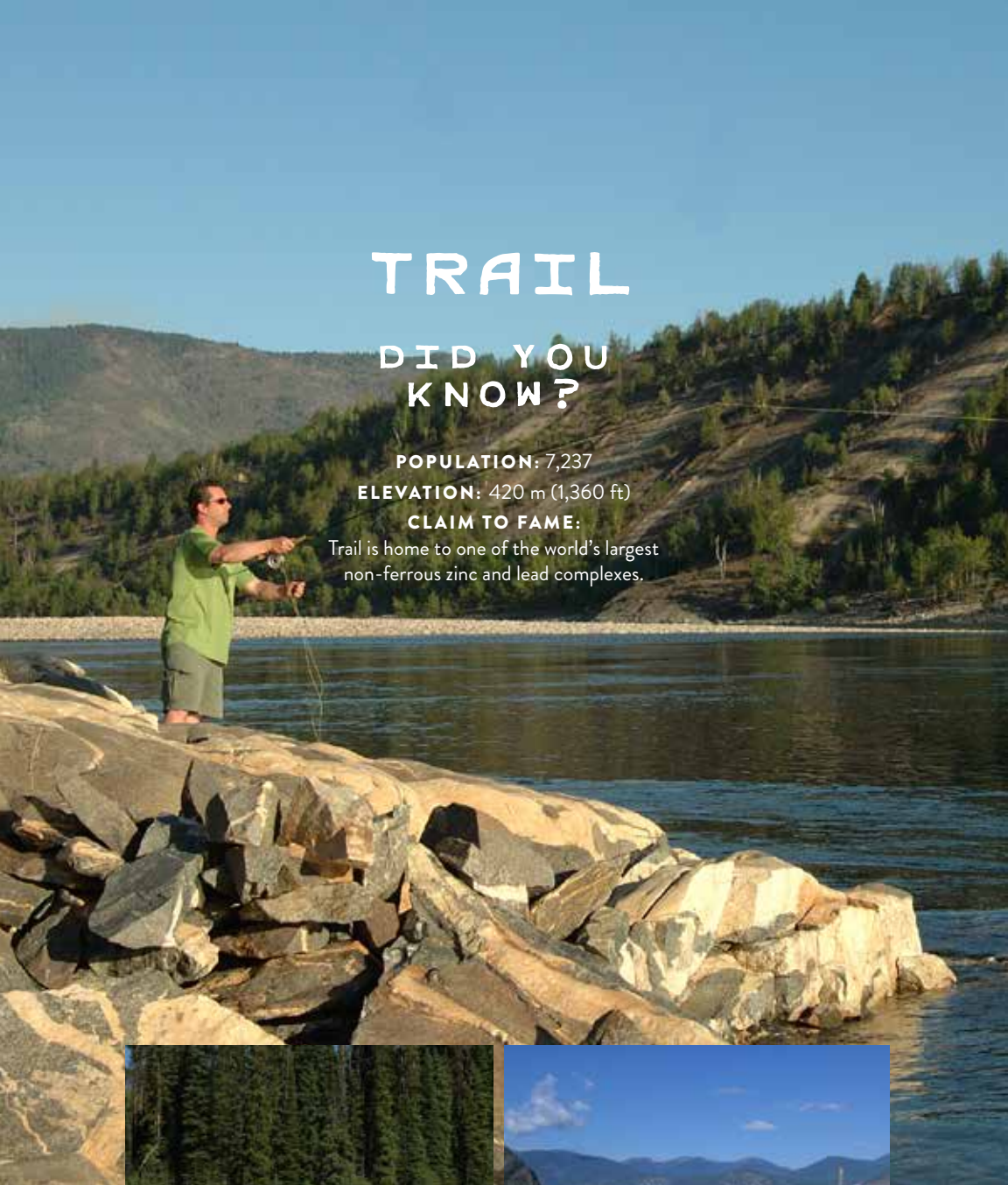
DID YOU KNOW?

POPULATION: 7,237

ELEVATION: 420 m (1,360 ft)

CLAIM TO FAME:

Trail is home to one of the world's largest non-ferrous zinc and lead complexes.



EXPLORE TRAIL YOUR WAY

Established in the 1890s, Trail is flanked by the Monashee Mountains to the west and the Selkirk Mountains to the east. A visit to Trail should include a tour of the Trail Museum, the Sports Hall of Memories and the Teck Trail Operations Interpretive Centre – the huge complex at the heart of this small city has been in operation for more than a century. The Home of Champions monument in downtown Trail commemorates locals who have proven themselves champions in their field, including the Trail Smoke Eaters Hockey Club who is remembered for two world championship wins in 1939 and 1962.

ARTS, CULTURE, HERITAGE

TECK COMINCO INTERPRETIVE CENTRE

200 – 1199 Bay Avenue

Enjoy a tour of one of the world's largest zinc and lead complexes. Prebook with Visitor Centre.

TRAIL MUSEUM & SPORTS HALL

1051 Victoria Street at Memorial Centre

The Museum & Sports Hall of Memories preserves and exhibits historic sports memorabilia.

VISAC ART GALLERY

1501 Cedar Avenue 250-364-1181

Check out local art exhibits and performances. VISACGallery.com

ATTRACTIONS

COLUMBIA GARDENS WINERY

9340 Station Road

A small winery producing VQA quality wines. Enjoy the tasting room and gift shop.

FAMOUS ROCK WALLS

Taste life in Little Italy by taking a walking tour of Trail's historic rock walls. Maps at Visitor Centre.

GYRO PARK

1090 Charles Lakes Drive – Situated alongside the Columbia River offering sandy beach & picnic tables. Home to events such as Music in the Park.

TRAIL VISITOR CENTRE

200 1199 Bay Avenue 1-877-636-9569

VisitorServices@TrailChamber.bc.ca

Trail.ca ExploreYourTrail.com

FESTIVALS

FESTA ITALIANA

Celebrate Trail's Italian heritage with great food and entertainment. Takes place late-June.

SILVER CITY DAYS

A family event the 2nd week in May.

Carnival, parade, live entertainment and more.

MARKET ON THE ESPLANADE

Every 2nd Friday during the summer.

A wonderful downtown market.

RECREATION

GOLF

Trail's Birchbank Course offers 18-holes.

And nearby Fruitvale, offers 9-holes at Champion Lakes.

FISHING

The Columbia River offers one of the hottest Rainbow Trout fisheries in the world. There are many opportunities to fly-fish or cast from shore. You may also fish for Ling Cod, Burbot, Whitefish and Walleye.

TRAIL AQUATIC CENTRE

1875 Columbia Ave.

Aquatic & Leisure Centre with a fitness centre, 8 lane pool and a play pool with water features.

TRAILS – HIKING / BIKING

Maps available at the Visitor Centre.

An extensive network of trails wind through the forested slopes of the Rossland Range and the Beaver Valley. For every ability level.

Explore your
TRAIL BC

Visitor Centre

SUPER, NATURAL BRITISH COLUMBIA

200-1199 Bay Ave. • 250-368-3144 • exploreyourtrail.com • visitorservices@trailchamber.bc.ca

AINSWORTH HOT SPRINGS										
Ainsworth Hot Springs Resort 1-800-668-1171 <i>See ad pg 17</i> Highway 31 – A full-service resort. Info@HotNaturally.com HotNaturally.com	•								  	
										
Mermaid Lodge & Motel 1-888-229-4963 3622 North Street Located next to Ainsworth pools & cave. Newly renovated motel kitchenettes. TheMermaid@uniserve.com TheMermaidLodge-Motel.com	•				•					
										
Woodbury Resort & Marina 250-353-7717 Highway 31 – 5 km N of Ainsworth Hot Springs Motel, camping, cabins, marina, boat rental, fishing. WoodburyResort@netidea.com WoodburyResort.com					•					
										
BALFOUR										
DocknDuck Pub, Family Grill & Lodge 250-229-4244 Highway 3A Waterfront timberframe lodge apartment-style suites near golf & hot springs. DocknDuck@live.ca DocknDuck.ca	•				•					
	 									
CASTLEGAR										
Sandman Hotel Castlegar 1-800-726-3626 <i>See ad pg 13</i> 1944 Columbia Avenue Meeting facilities, pool and hot tub. CRes@Sandman.ca SandmanHotels.com	•									
										
CRANBROOK										
BW Cranbrook Hotel 250-417-4002 Highway 3 Deluxe furnishings & amenities including waterslide. 62119@Hotel.BestWestern.com BestWestern.com	•				•					
	 									
Heritage Inn Hotel & Convention Centre 1-888-888-4374 Highway 3 Full-service hotel and convention centre. Info.Cranbrook@Heritagelnn.net Heritagelnn.net	•				•					
	  									
Model A Inn 1-888-489-4600 <i>See ad pg 30</i> 1908 Cranbrook Street North – Located near dining & shopping. ModelAInn@gmail.com Model-A-Inn.com	•									
	 									
Prestige Rocky Mountain Resort 250-417-0444 Highway 3 South Full-service resort & convention centre. Cranbrook@PrestigeHotels.ca PrestigeHotelsandResorts.com	•				•					
	  									
Sandman Inn Cranbrook 1-800-726-3626 <i>See ad pg 19</i> Highway 3 South Comfortable rooms and suites. CRes@Sandman.ca SandmanHotels.com	•									
										
St. Eugene Golf Resort & Casino 1-866-292-2020 <i>See ad pg 27</i> Mission Road, 8 minutes from airport. Historic resort, golf, interpretive centre. Info@StEugene.ca StEugene.ca	•				•					
	 									
CRAWFORD BAY										
Kokanee Springs Resort 1-800-979-7999 <i>See ad pg 35</i> 16082 Woolgar Road Lodge, Villas and luxury Big Bend Cottages. Info@KokaneeSprings.com KokaneeSprings.com	•				•					
	  									
FAIRMONT HOT SPRINGS										
Fairmont Hot Springs Resort 1-800-663-4979 <i>See ad pg 11</i> Highway 95 Four season resort, hot springs, lodge, cabins. Info@FairmontHotSprings.com FairmontHotSprings.com	•				•					
	  									
FERNIE										
BW PLUS Fernie Mtn Lodge 1-866-423-5566 Hwy 3, next to golf course – Beautiful property with meeting facilities. Info@BestWesternFernie.com BestWesternFernie.com	•									
										

FERNIE Continued										
Island Lake Lodge 1-888-422-8754 <i>See ad pg 31</i> Mt. Fernie Provincial Park Road Secluded beautiful lodge, gourmet dining & outdoor rec. Info@IslandLakeResorts.com IslandLakeResorts.com					•					
	  									
Raging Elk Adventure Lodge 250-423-6811 892 6th Avenue Fernie's base camp to adventure. Bookings@RagingElk.com RagingElk.com										
	 									
Red Tree Lodge 1-800-977-2977 Highway 3 Great value, bike and ski friendly accommodations. Info@RedTreeLodge.com RedTreeLodge.com	•				•					
	  									
Snow Valley Motel & RV Park 1-877-696-7669 Highway 3 Affordable family suites, motel & RV park. Info@FernieAccommodations.com SnowValleyMotel.com										
	 									
FIELD										
Cathedral Mountain Lodge 1-866-619-6442 <i>See ad pg 9</i> Yoho Valley Road A deluxe mountain lodge & cabins. Info@CathedralMountain.com CathedralMountain.com					•					
	  									
GOLDEN										
BW Mountainview Inn 250-344-2333 1024-11 Street N Deluxe accommodation & family-size rooms. 62085@Hotel.BestWestern.com BestWestern.com	•				•					
	  									
Prestige Inn Golden 250-344-7990 TransCanada Hwy #1 Deluxe rooms, suites, lounge, liquor boutique. Golden@PrestigeHotels.ca PrestigeHotelsandResorts.com	•				•					
	  									
INVERMERE										
Lake Windermere Pointe Resort 1-866-822-2666 <i>See ad pg 21</i> On Lake Windermere; James Chabot Park. LakeWindermerePointe.com InvermereResort.com	•									
										
Panorama Mountain Resort 1-800-663-2929 Hostel, luxury townhomes, condos, hotel units. Information@PanoramaResort.com PanoramaResort.com					•					
	  									
KASLO										
Kalso Hotel & Pub <i>See ad pg 39</i> 250-353-7714 Luxury heritage accommodation downtown. Info@KasloHotel.com KasloHotel.com	•									
	 									
KIMBERLEY										
Mountain Spirit Resort 1-877-432-6006 <i>See ad pg 24</i> Stemwinder Drive Condo suites & hotel rooms on-mountain. Reservations@MountainSpiritResort.ca MountainSpiritResort.ca	•				•					
	  									
Northstar Mountain Village Resort 1-877-233-3307 <i>See ad pg 24</i> Gerry Sorensen Way – Deluxe condo suites on-mountain. Info@NorthstarMountainVillage.com NorthstarMountainVillage.com	•				•					
										
NAKUSP										
Halcyon Hot Springs Village & Spa 1-888-689-4699 <i>See ad pg 11</i> Highway 23 Cottages, cabins, RV park, camping, alongside Arrow Lake. Info@Halcyon-HotSprings.com Halcyon-HotSprings.com					•					

NELSON									
The Adventure Hotel 250-352-7211 616 Vernon Street Completely renovated hotel located downtown. Info@AdventureHotel.ca AdventureHotel.ca	•	📶	📶	•	🐾	🍴			
	📱	📺	📺						
Prestige Inn Nelson 250-352-3595 1301 Front Street A French country-style boutique hotel. Lakeview@PrestigeHotels.ca PrestigeHotelsandResorts.com	•	📶	📶	•	🐾				♿
	📱	📺	📺						
Prestige Lakeside Resort 250-352-7222 701 Lakeside Drive Full-service resort, marina, convention centre. Nelson@PrestigeHotels.ca PrestigeHotelsandResorts.com	•	📶	📶	•	🐾	🍴	🏊	♿	
	📱	📺	📺			🍴			
RADIUM HOT SPRINGS									
Bighorn Meadows Resort 1-877-344-2323 Luxury suites nestled in the centre of the Springs Golf Course. Reservations@BighornMeadows.com BighornMeadows.com	•	📶	📶	•	🏊				
	📱	📺	📺						
BW PLUS Prestige Inn 250-347-2300 7493 Main Street Fireplaces, balconies with BBQs. Radium@PrestigeHotels.ca BestWestern.com	•	📶	📶	•	🐾	🍴	♿		
	📱	📺	📺			🍴			
Nipika Mountain Resort 1-877-647-4525 See ad pg 9 Settlers Road Hand-built log cabins bordering Kootenay National Park. Info@Nipika.com Nipika.com				📶	🐾	🍴			
	📱								
REVELSTOKE									
BW PLUS Revelstoke 1-855-837-2043 1925 Laforme Blvd – Minutes to downtown. Modern amenities, FREE hot breakfast. Info@RevelstokeBestWestern.com RevelstokeBestWestern.com	•	📶	📶	•	🏊	♿			
	📱								
Sandman Inn Revelstoke 1-800-726-3626 See ad pg 15 1901 Laforme Blvd Conveniently located, 2 indoor pools and 24 h restaurant. Reservations@Sandman.ca SandmanHotels.ca	•	📶	📶	•	🐾	🍴	♿		
	📱	📺	📺			🍴			
ROSSLAND									
Prestige Mountain Resort 250-362-7375 Downtown – Full-service resort; lounge, bistro & designer suites. Rossland@PrestigeHotels.ca PrestigeHotelsandResorts.com	•	📶	📶	•	🐾	🍴	♿		
	📱	📺	📺						
SILVERTON									
Blue Sky Resort 250-358-2362 8021 Lower Galena Farm Rd. Beautiful log cottages in secluded park-like mountainous setting above Slocan Lake. BlueSkyResort@telus.net BlueSkyResort.ca				📶					

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CASTLEGAR									
Castlegar Golf Club & RV Park 1-800-666-0324 See ad pg 42 1602 Aaron Rd Camp next to the golf course and enjoy the restaurant deck. RVPark@GolfCastlegar.com GolfCastlegar.com	📶	📶	📶	🐾					♿
	📱	📺	📺						
ELKFORD									
Elkford Municipal Campground 250-865-4019 A river-front campground minutes from downtown. Campground@Elkford.ca Elkford.ca	📶	📶	📶	🐾					♿
	📱	📺	📺						
FAIRMONT HOT SPRINGS									
Fairmont Hot Springs RV Resort 1-800-663-4979 See ad pg 11 Highway 93/95 Full-service resort, hot springs & golf. Info@FairmontHotSprings.com FairmontHotSprings.com	📶	📶	📶	🐾	🏊	♿	♿	♿	♿
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Spruce Grove RV Park & Campground 1-888-629-4004 Highway 93/95 Riverside camping along Columbia River. Camp@SpruceGroveResort.com FairmontHotSprings.com	📶	📶	📶	🐾	🏊	♿	♿	♿	♿
	📱	📺	📺						
FERNIE									
Ferne RV Resort 1-844-343-2233 See ad below 2001 6th Avenue, between Elk River & Fernie Golf Course Brand new property with full-service hookups and many amenities. Dan@Ferne.com FernieRVResort.com	📶	📶	📶	🐾	🏊	♿	♿	♿	♿
	📱	📺	📺						
GOLDEN									
Golden Golf Club RV Park 1-866-727-7222 576 Golf Course Drive Hookups and easy access to activities. TeeOff@GolfGolden.com GolfGolden.com/facilities/rv-park	📶		📶	🐾					
	📱								
KASLO									
Kaslo Municipal Campground 250-353-2662 A Avenue & 2nd Street Beside Vimy Park & a stroll to downtown. KasloCampground@yahoo.ca Kaslo.ca	📶	📶	📶	🐾	🏊	♿	♿	♿	♿
	📱	📺	📺						
Mirror Lake Campground 250-353-7102 5777 Arcola Road A lakeside campground between Kaslo & Ainsworth - Hwy 31. MirrorLakeCampground.com	📶	📶	📶	🐾	🏊	♿	♿	♿	♿
	📱	📺	📺						
KIMBERLEY									
Kimberley Riverside Campground 1-877-999-2929 See ad below. 5 km up St. Mary Lake Road Spacious private sites near St. Mary River. Info@KimberleyCampground.com KimberleyCampground.com	📶	📶	📶	🐾	🏊	♿	♿	♿	♿
	📱	📺	📺						



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KOOTENAY									
Kootenay SW Provincial Parks 250-825-4212 Reservations offered at Champion Lakes (Trail), Kokanee Creek (Nelson), Kootenay Lake (Davis Creek & Lost Ledge – Kaslo), Syringa (Castlegar). KootenaySWParks.com									
NAKUSP									
Coachman Campground & Cabin 250-265-4212 Two kilometres from downtown; natural setting, outdoor pool, store. Info@CoachmanCampground.com CoachmanCampground.com									
Nakusp Hot Springs, Chalets & Campground 1-866-999-4528 See ad pg 13 8500 Hot Springs Road NW Shaded sites, steps from the hot pools. NakuspHotSprings.com									
Nakusp Municipal Campground 250-265-1061 314 8th Ave NW – Treed campsites, near shopping, restaurants & beach. Camp@NakuspCampground.com NakuspCampground.com									
NELSON									
Nelson City Campground 250-352-7618 90 High Street – Close to Nelson's downtown core. CampNels@telus.net Nelson.ca									
RADIUM HOT SPRINGS									
Canyon RV Resort 250-347-9564 5012 Sinclair Creek Rd/Hwy 95 Hot springs pools and golf next door. CanyonRV.com									
Kootenay National Park Redstreak Campground & oTENTiks 1-877-737-3783 – 7500 Redstreak Campground Road oTENTiks available to rent; a cross between a tent and cabin. Reservations.pc.gc.ca ParksCanada.gc.ca/Kootenay									
Radium Valley Vacation Resort 250-347-9715 7274 Radium Valley Road A full-service resort 1 km north of Radium. RadVal@shaw.ca RadiumValleyVacationResort.com									
REVELSTOKE									
Lamplighter Campground 250-837-3385 1760 Nixon Rd. Walking distance to downtown Revelstoke. Lampcamp@telus.net LamplighterCampground.com									
Williamson Lake Campground 1-888-676-2267 1817 Williamson Lake Road – Full-service campground with sandy beach and mini-golf. Reservations recommended. LisaLong@telus.net WilliamsonLakeCampground.com									
TRAIL									
City of Trail RV Park 1-877-636-9569 Highway 3B – Steps away from shopping mall. TCc2@netidea.com Trail.ca									

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