

Nov 01, 2016 - Nov 30, 2016

The Instagram Profiles Report gives you insight on all social activity across your Instagram accounts using a blend of Instagram metrics and proprietary metrics of our own.

sprout social

Top Instagram Posts



@kootrocks
515 Engagements



@kootrocks
500 Engagements

Audience Growth



@kootrocks
447 Engagements

30 25 20 15 10 5 0 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 2 3 4 5 6 8 9 7 1 NOV OLLOWERS GAINED

AUDIENCE GROWTH, BY DAY

	FOLLOWER'S GAINED
FOLLOWER METRICS	TOTALS
Total Followers	4,713
Followers Gained	444
People that you Followed	456

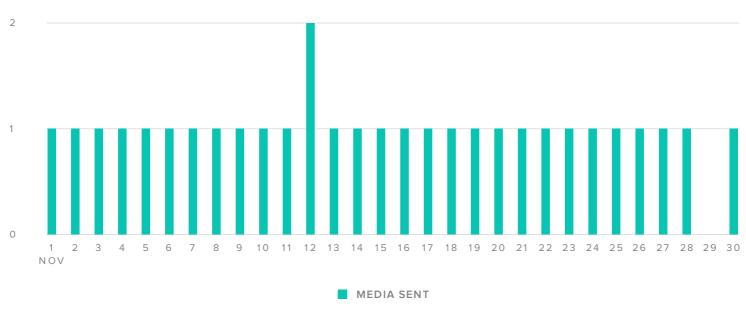
Total followers increased by



since previous month

Publishing Behavior

MEDIA PER DAY



PUBLISHING METRICS	TOTALS
Photos	30
Videos	-
Total Media	30

The number of media you sent increased by



since previous month

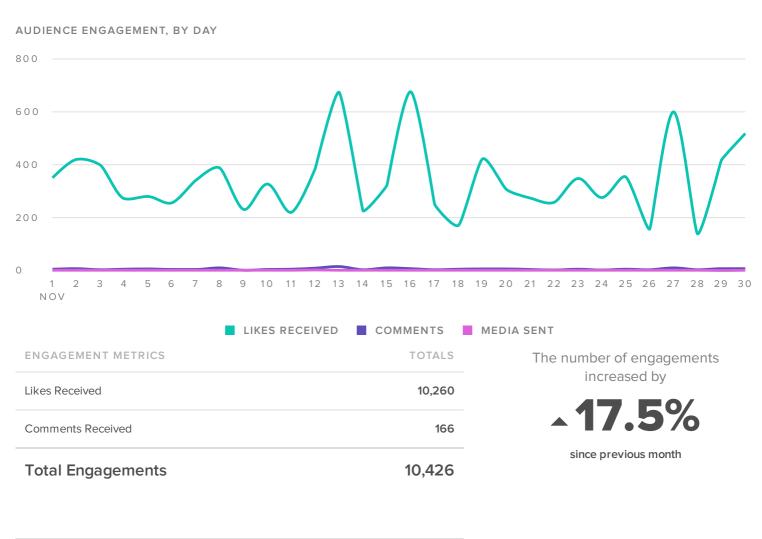
Outbound Hashtag Performance

MOST USED HASHTAGS

MOST ENGAGED HASHTAGS

#kootrocks	25	#explorebc	4,981	
#explorebc	24	#kootrocks	4,951	
#mountainlife	9	#kootenayculture	1,752	
#kootenays	9	#mykootenays	1,717	
#kootenayculture	8	#roamtheplanet	1,644	
#explorecanada	8	#kootenays	1,618	
#mykootenays	8	#awesomeearth	1,586	
#awesomeearth	8	#mountainlife	1,553	
#roamtheplanet	7	#mountainculture	1,323	
#beautifulbc	7	#beautifulbc	1,293	

Audience Engagement



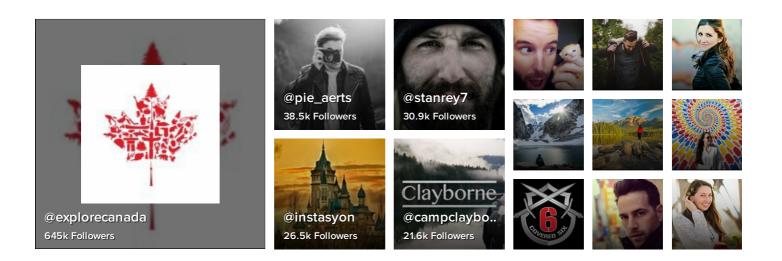
Engagements per Follower	2.2
Engagements per Media	347.5

The number of engagements per media increased by



since previous month

Top Influencers Engaged





Instagram Stats by Profile

Instagram Profile	Total	Follower	Followers	Media	Comments	Total	Engagements	Engagements
	Followers	Increase	Gained	Sent	Sent	Engagements	per Media	per Follower
KRUTROTKS KOOTROCKS	4,713	10.4%	444	30	37	10,426	347.5	2.21